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QCDS Bulletin

PUBLISHED BY AND FOR THE DENTISTS OF QUEENS COUNTY

Volume 56 Number 4

July/August 2014

NYSDA House of Delegates Holds Its Annual Meeting, Dr. John Liang Becomes President

The 2013 NYSDA House of Delegates meeting convened on Friday, May 30, at the Grand Hyatt Hotel, New York City, marking the conclusion of Dr. Joel Friedman's term as NYSDA president. Upon the conclusion of the meeting on June 1, Dr. John Liang assumed the presidency of the Association.

On Friday, New York State Attorney General Eric Schneiderman spoke to the House of Delegates telling those assembled that he was "a friend of organized dentistry."

Various reports and resolutions were discussed and refined at Reference Committees that heard testimony for or against proposed actions, with the chair of the Reference Committees presenting their recommendations to the delegates at the Saturday session. QCDS Past President Dr. Prabha Krishnan was selected as a Reference Committee member.

Prior to the beginning of the Saturday session of the House, each of the 13 components met in caucus meetings beginning at 8 a.m. to discuss items before the House, so that each delegate had an understanding of the issues and its consequences. QCDS NYSDA trustee Dr. Joseph Caruso chaired the caucus meeting attended by the QCDS delegates as well as by Dr. Shetty, one of the QCDS



Members of the Queens delegation at the Saturday morning component meeting.

alternate delegates. The group met and discussed all of the resolutions finishing almost four hours later.

The second session of the House began promptly at 1 p.m. and was called to order by Speaker Dr. Robert Peskin. The candidates for the elective position of ADA president made their presentations to begin the session. Resolutions were presented, amended, discussed and ultimately voted upon by the 101 delegates, resulting in dispositions of the resolutions.

An evening dinner dance in honor of outgoing president Dr. Friedman concluded a full day of activity.

Sunday began bright and early with delegates voting on the final issues at 8 a.m. leaving little rest for the weary.

The major outcomes of the three days of voting were:

- A vote to not consider a resolution lowering the size of the House of Delegates to 61 from its current 101 members. The feeling seemed to be that most people did not want to decrease their membership representation.
- A vote to increase NYSDA dues by \$12 a year. There was testimony and discussion by several, including the NYSDA treasurer and executive director, that the

—Continued on page 12



Dr. Craig Tischler

Dr. Craig Tischler Joins Pierre Fauchard Academy At the 2014 NYSDA House of Delegates Meeting

Current Institute of Continuing Dental Education President Dr. Craig Tischler was inducted into the Pierre Fauchard Academy at the beginning of the NYSDA 2014 House of Delegates meeting.

The Pierre Fauchard Academy is an International Honor Dental Organization. It promotes the elevation of the standards and practices of the art

and science of dentistry worldwide. Its purpose is to educate dental professionals about the latest techniques and foster a sharing of ideas to improve the practice of dentistry.

The QCDS officers and trustees congratulate him on his induction and are proud of his many years of work supporting dentistry in Queens.

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Subscription is included in the annual membership dues of the Queens County Dental Society. The Subscription rate for non-members is \$30 per year, or \$5 per issue.

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Queens County Dental Society

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From the President

drbanvar@gmail.com



The Benefits of Membership

By Dr. Bijan Anvar

With half of my term completed, I am proud to say that we are coming along very nicely at QCDS. We have been working very hard since the House of Delegates and we are actively working to represent our members, locally, as well as in the state.

As those who attend our General Membership Meetings regularly know, several committee chairs have already reported to the membership and I look forward to their continuing to provide our membership with what is going on in their councils, both locally and in the state. I feel this effort better informs everyone and gives our membership the opportunity to ask questions and make comments not only for their own edification, but also to help guide the board and the delegates so that we may represent QCDS members in the best possible way. It is my hope that this will create a continuing tradition that will engage everyone more and also help to bring new members into the society.

To that end, I have made several recommendations to our executive director, and we are working together in an effort to

create more tangible member benefits. Membership does have its privileges and while many of us are aware of them, there are those who may not know the full value of our membership and certainly some may not be taking full advantage of our member benefits. In the next few months we will be putting something together informing our members of the lesser known values of membership and we will do our best to extend those benefits and create even more value in the form of discounts, etc.

Finally, we have not had a dues increase at QCDS for quite some time. We have worked very hard to keep costs to a minimum, especially since the ADA and NYSDA have had dues increases and likely will have more. Since operating costs continue to rise, it may be likely that we will be increasing our dues, however we are trying to find alternate ways of creating non-dues income. It is my hope that we will be able to avoid a dues increase, or at worst keep it to a bare minimum. We are constantly looking for ideas and, more especially, vendors. So, if you have any leads, please forward information to our executive director.

I hope everyone has a great summer!

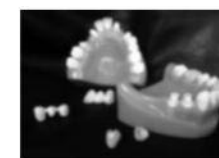


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From The Executive Director

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From the New Guy On the Block

By Oleg Rabinovich

Wow, talk about jumping into the pool with both feet! It has been a little over a month since I joined the Queens County Dental Society as your new Executive Director. In that time, I have overseen two Board of Trustee meetings, one General Membership meeting, four continuing education classes, a Peer Review meeting, and I attended the New York State Dental Association House of Delegates meeting. I have been introduced to literally hundreds of people and I have been desperately trying to remember everyone's name. I have spoken with dozens of vendors and sponsors and worked on the details of the Oral Cancer Screening at CitiField in August, the "World's Fair of Dentistry" in September, and the January, 2015 Presidential Installation Dinner.

This month could have been incredibly overwhelming, but instead it has turned into a truly wonderful experience. That is mainly due to the people who have helped me since I came here.

I have been very fortunate to have the tutelage and advice from Bill Bayer, the former executive director, who took the opportunity to retire and enjoy life with his family. His eight years of experience with the Queens County Dental Society have been invaluable. He showed me all the ins and outs of the society and

all the various procedures that need to be followed. I never would have been able to get up to speed so quickly, had it not been for his help.

I also need to thank the members of the Board of Trustees. They have been incredibly welcoming to me and have made themselves available to me at all hours and have given me wonderful advice. They are a group of people who are constantly volunteering their time to help out all the dentists in Queens. The members of the Board have shown me why Bill Bayer stayed here for eight years. They are a wonderful group of people to work for.

I am so incredibly proud that I have been given the opportunity to work for the members of the Queens County Dental Society and I plan on sticking around for a long time to come. My door will always be open to the membership. Please contact me at 718-454-8344 ext. 306 or email me at execdirqcds@aol.com for any questions or concerns that you may have. I promise to always get back to you as soon as possible. I am here to serve the interests of the members of the Queens County Dental Society. Please take advantage of that.

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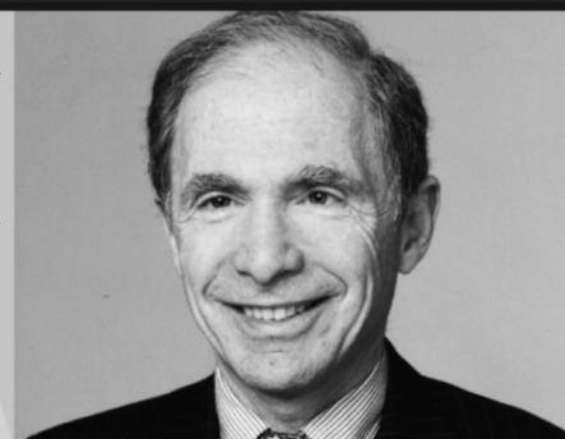
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How Long Should Dental Records Be Maintained?

By Eric J. Ploumis, D.M.D., J.D.

Maintaining the records of an inactive patient is an expense and a chore, but there are several reasons why it is required to do so. The primary concern to most is the ability to defend against an accusation of malpractice or an inquiry from the Office of Professional Discipline. Without records, a claim of malpractice by a former patient or an allegation of professional negligence is virtually indefensible.

In addition, there is a risk of a professional misconduct sanction if records are not maintained properly, even if there is no allegation of malpractice. Another reason to maintain the records of an inactive patient relates to the requirements of your malpractice policy. Some policies state the amount of time the insured doctor is expected to maintain his or her records. Failure to comply with this provision of your malpractice policy may relieve the carrier of the responsibility to defend you.

A concern of many dentists (and the question asked most often) is: "How long do I have to maintain the records of my inactive patients?" Forever is best, but a reasonable compromise is to keep all patient records for ten years from the date you last saw the patient. Maintaining a record forever eliminates the need to calculate any statute of limitations considerations or to have any familiarity with the record keeping statutes. If there is an allegation of malpractice or an inquiry by the Office of Professional Discipline, even years after the patient was last seen, records are available. If space is not a consideration keep your records indefinitely, preferably in some systematic way that permits access to even the oldest file. While there is a statute of limitations on a patient's ability to bring a malpractice action, there is no statute of limitations on the states right to bring a disciplinary action.

If indefinite retention of all patient records is not an option, consider scanning or photographing them into a compressed format prior to discarding the originals. In the event of a lawsuit, a properly archived duplicate, scan, or computer record will be accepted by the court provided it was archived in a way which assures its authenticity. With the prevalence of paperless offices and all-digital records, the physical space a record requires has become much less of an issue, but one concern with computer-archived records is that if the program or system you originally archived the record with is no longer in existence or accessible you might not be able to produce the record. Having a box of patient records stored on 5.25 inch floppy disks isn't going to help you access them in a cloud-based data world.

No matter how you chose to archive your patient records, you need to have a backup duplicate stored somewhere else. Even in the event of a disaster you are not absolved of your obligation to maintain patient records. Superstorm Sandy drove home this concern to many dentists. If your office is destroyed by a flood, fire, or other calamity you are not absolved of the record keeping requirements and you won't get a "pass" if records are requested by a malpractice attorney, insurance company, or

disciplinary body. Whether you have physical or virtual records, you have a legal obligation to safeguard and retain them against all perils. That means making sure you can provide copies even in the event of a natural disaster or a computer crash.

In the last issue of the QCDS Bulletin we explored the New York laws that relate to the statute of limitations for malpractice. Revisit that article or call headquarters to request a copy, but make sure you are familiar with the statutes of limitation

related to professional negligence in New York State. Knowing the statutes is your best ally in formulating a records-retention protocol. Make sure you know the exceptions to the statutory rules as well. Find out the age of majority. Learn how both the rules and the exceptions apply. For example, in New York State there is a toll for infancy, which means that the basic two and a half year statute of limitations for dental malpractice does not begin to run until a minor reaches the age of 18. If you treat children you will need to retain your records much longer than if you limit your practice to adults. You will need to understand the administrative laws governing the practice of dentistry, as well. In New York the rules of the Board of Regents that pertain to dentistry require that all patient records be retained for at least six years. If the patient is a minor, records must be retained for the greater

of six years or until one year after the patient reaches the age of 21. Carefully read your malpractice policy and determine what record keeping requirements the carrier has. If you don't have your records, they can refuse to defend you.

Disposal of Inactive Patient Records:

■ Be sure to do so in a way that maintains the confidentiality of the record. You need to shred, incinerate, or crush the records in a way that there can be no breach of confidential information. Simply putting your old records in a black plastic bag and tossing them in a dumpster is not acceptable. There are commercial record-shredding services that will come to your office and dispose of your records in accordance with applicable statutes. If you utilize the services of a record-disposal company, be certain to get a receipt and a manifest showing the records were properly disposed of. That way, in the event your patient files are found blowing down the street in front of your office, you can show that you did everything right in attempting to dispose of them properly.

■ When you decommission an office computer, i-pad, or smart phone be sure to reformat the hard drive to remove any protected health information. Simply deleting those files is often not enough to remove them from the hard drive. If you have patient records on a laptop, make sure the laptop is encrypted and password protected so that in the event you lose the laptop you don't risk a costly HIPAA violation. As an aside, many office copying machines now use hard drives that can store patient information. A medical office was recently sanctioned and

—Continued on page 10

*Even in the event
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8:45 - 9:30 A.M.	Lecture: Jennifer Kirschenbaum, Esq. "HIPAA Compliance"
9:30 - 11:30 A.M.	Lecture: Dr. Daniel Pompa "Emergencies in a Dental Office"
11:30 - 12:00 P.M.	Lecture: Paul Palazzo, CFP "Wealthcare for Dentists"
12:00 - 12:45 P.M.	Buffet Luncheon and Sponsors
12:45 - 2:00 P.M.	Lecture: Dr. Stephen Weisglass "Immediate Implant Function"
2:00 - 4:00 P.M.	Lecture: George Martinez, RPS "Caries Management by Risk Assessment"

Sunday, September 14

8:00 - 8:30 A.M.	Registration and Continental Breakfast
8:30 - 8:45 A.M.	Opening Remarks
8:45 - 9:30 A.M.	Lecture: George Ding "Professional Discipline"
9:30 - 11:30 A.M.	Lecture: Dr. Andrew Spector "Computer Guided Implantology"
11:30 - 12:15 P.M.	Lecture: Mary Hughes, RDH "Soft Tissue Management and Your Practice"
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How Long Should Dental Records Be Maintained?

—Continued from page 8

finer for failing to remove patient records from the hard drive of a copying machine they turned in when the lease was up.

■ When you sell your office, make sure the agreement you have with the purchaser requires the purchaser to maintain all of your patient records for any applicable statute of limitations. Your agreement should permit you to have reasonable access to the original records in the event of a lawsuit, administrative action, or insurance investigation against you. The buyer should be required to indemnify you in the event he or she disposed your old records prior to the contractually agreed-upon time period. Just because you sold your practice does not mean you are no longer at risk. You may very well need the records you no longer have custody of.

Handling a Patient Request for Records

Another issue related to patient records is your legal obligation in the event a patient requests a copy of his or her records. You are required to provide a patient with record copies within a "reasonable" time, usually construed 10-14 days. You should never give a patient, or anyone else for that matter, original records unless specifically instructed to do so by the court. New York State law permits you to charge 75 cents a page to duplicate paper copies and a "reasonable" fee to duplicate non-paper records such as film-based radiographs, non-digital photos, or study casts. There is no precise definition of what is reasonable, but the fee must bear a relationship to the actual cost of duplication. Perhaps the easiest solution to duplicating records for a patient is to put everything on a password-protected disk and hand or mail the disc to the patient. Be cautious about e-mailing patient records, however. Unless your transmission is properly encrypted, you will have a HIPAA breach. If a patient requests copies, has a treatment balance, and refuses to pay you the duplication fee, you are still required to provide copies. You may add the duplication fee to the balance due and pursue your other "remedies at law," but you cannot withhold copies of a patient's records even if the patient owes you money.

While there is always a risk not maintaining a patient's record forever, there is a point where that risk becomes small enough to tolerate. In order to evaluate the point at which your risk becomes minimal you should thoroughly inform yourself of the laws, rules, and regulations related to record keeping requirements in New York State.

This information is not intended as a substitute for legal advice. You should familiarize yourself with the laws of your local jurisdiction and seek legal advice from a local attorney who specializes in such matters.

Dr. Ploumis is an attorney, an orthodontist, and associate clinical professor of orthodontics and risk management at New York University. He limits his legal practice to issues surrounding the practice of dentistry with an emphasis on practice transitions, employment issues, leases, and defense of allegations of professional misconduct before the Office of Professional Discipline. He can be reached at www.dentalpracticelawyers.com.

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NYSDA House of Delegates Holds Its Annual Meeting, Dr. John Liang Becomes President

—Continued from page 1

increase is needed to maintain the budget and not run at a deficit.

- A vote on guidelines governing the conduct of campaigns for contested elections.
- A vote to limit the cost of future House of Delegates meetings.
- A vote to make future House of Delegates meetings paperless, if economical.

The Sunday session concluded with awards being presented to Drs. Rekha Gehani, Bijan Anvar and Prabha Krishnan, whose terms as NYSDA council chairs of Dental Education and Licensure, Dental Practice and Governmental Affairs, respectively, had concluded. All served the maximum of two single year terms, as per NYSDA by-laws. Drs. Gehani, Anvar, and Krishnan are all recognized as leaders and major

contributors in the dental society, and were honored by the acknowledgement. Speaking after the meeting, they said they were grateful for the opportunity and thanked QCDS as well as the fellow council members who elected them.

The NYSDA officers installed and assuming their positions immediately are: President Dr. John Liang, President-Elect Dr. David Miller, Vice President Dr. Richard Andolina and Treasurer Dr. Mark Weinberger.

Dr. Chad Gehani, ADA trustee of the Second District, was present at all the events. The elected delegates representing QCDS at the annual meeting were Drs. Viren Jhaveri, Mitchell Greenberg, Prabha Krishnan, Jay Ledner, Bijan Anvar, Burton Wasserman, Robert Shpuntoff and Rekha Gehani. They were joined by QCDS Trustee Dr. Joseph Caruso and Executive Director Oleg Rabinovich. Alternate delegates Drs. Sudhakar Shetty and Stephen Quarcoo also attended.



Dr. Anvar and other members of the Queens delegation, working at the House of Delegates



Dr. Anvar being honored



Dr. Rekha Gehani being honored



Dr. Krishnan being honored



Dr. Shetty and Dr. Jhaveri at the hospitality suite



NYS Dental Foundation luncheon



Queens members at the conclusion of the House of Delegates

Report Of The Nominating Committee

In accordance with QCDS Bylaws, the Committee met and considered all nominations that were received. The following Committee recommendations are made for 2015:

- President: Sudhakar Shetty(per QCDS Bylaws, automatically assumes the office)**
- President Elect: Ronald Garrett**
- Vice-President: Eric Huang**
- Secretary: Richard Yang**
- Treasurer: Craig Tischler**
- Historian: Prabhakar Koppikar**
- ADA Delegates**
Rekha Gehani Prabha Krishnan
- Alternate Delegates**
Stephen Quarcoo

- NYSDA Trustee**
Prabha Krishnan
- NYSDA Delegates**
Bijan Anvar Mitchell Greenberg Jay Ledner Beatriz Vallejo
Rekha Gehani Viren Jhaveri Robert Shpuntoff Burton Wasserman
- Alternate Delegates**
Stuart Kesner Stephen Quarcoo Alan Queen

- QCDS Board of Trustees**
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| Charlene Berkman | Arthur Feigenbaum | James Kouzoukian | Alan Queen | Vinot Shah |
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| Charlene Berkman | Chad Gehani | Doron Kalman | Alan Queen | Robert Shpuntoff |
| | Mitchell Greenberg | James Kouzoukian | Oleg Rabinovich | |

In accordance with our Bylaws, any additional nominees for an elective office may only be made by written petition signed by twenty members in good standing and received by the Executive Director not later than ten days after the October 7th general membership meeting at which the report of the Nominating Committee is presented. No additional nominations, including nominations from the floor, shall be accepted for elective offices to be filled by a vote of the General Membership unless otherwise specifically provided in these Bylaws. Voting shall take place at the November 4th General Membership meeting.

CE Courses

Pre-registration is required for all continuing education courses, except General Membership Meetings

Friday, September 12

9:00 a.m.

CPR - Certification

4 C.E. Credits

Topic: Basic Cardiac Life Support

Certification will cover 1 and 2 rescuer CPR, Heimlich Maneuver, child CPR and AED. The ability to recognize the signals of a heart attack and provide stabilization of the victim at the scene of a cardiac arrest is a priceless commodity. Life over death may some day become a reality to someone you know or care for. Be prepared to help save a life.

Registration at 8:30 a.m. Class begins promptly at 9:00 a.m.

Instructor: Eric Zalewski, BLS Instructor

Tuition: ADA member/staff: \$105 Non-ADA member: \$260

Friday, September 19

10:00 a.m.

Snoring and Sleep Apnea: Prevention and Treatment

2 C.E. Credits

Is this subject really a dental/oral responsibility? In recent years, snoring and sleep apnea have become associated with dentistry, and many dentists are finding that some aspects of the topic fit well into busy general practices. It is estimated that at least 30 to 50 percent of the U.S. population snores. You may already know of potentially interested patients in your own practice. Dr. DiTolla has personally seen a 60 percent affirmative response from patients who are asked the simple question: "Would you like to hear how your spouse's snoring may be treated without surgery?" However, more serious than snoring is the potentially dangerous condition named Obstructive Sleep Apnea estimated to be present in varying levels of severity in one in 15 adults. This DVD emphasizes the methods to reduce or eliminate snoring and how to implement the techniques into typical dental practice. Advice is also provided on diagnosis of sleep apnea and potential treatments for this sometime serious condition.

Continental Breakfast Included

Instructor: Dr. Al A. Gulum

Tuition: ADA member: Free

Tuesday, September 23

6:00 p.m.

Infection Control

4 C.E. Credits

In the past this course has had an overwhelming positive response from those clinicians and their staff who earnestly want to stay informed of the latest infection control recommendations out there, and do so through the eyes and thoughts of a speaker/clinician who understands the nature and demands of the every-day dental practice. Bring your entire staff and satisfy OSHA's annual staff training requirements. Learn what's new in infection control techniques and what is needed to comply with appropriate infection control guidelines.

Registration at 8:30 a.m. Class begins promptly at 9:00 a.m.

Instructor: Laboratory Consultation Services Inc.

Tuition: ADA member/staff: \$85 Non-ADA member: \$260

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Tuesday, October 7

7:00 p.m.

GENERAL MEMBERSHIP MEETING

2 C.E. Credits

Buffet Dinner 6:15 p.m.

7:00 p.m. To be announced

Friday, October 17

9:00 p.m.

The Single Tooth Implant:

5 C.E. Credits

The Ultimate Creative Challenge

This presentation discusses the preparation and workup to create a result that is as close to natural replacement as possible. Dr. Pompa reviews the latest advances and evidence-based data as well as a unique sequential treatment planning approach which, when adhered to will lead to successful outcomes. This may be one of the most difficult challenges we face and is often not seen as such with unforeseen poor outcomes. Emphasis will be given to the use of a cast provisional and/or a provisional interim Hawley device and/or a fixed provisional prosthesis to attain ideal results. Longterm follow-up will be demonstrated as it relates to these concepts.

Includes breakfast/lunch

Instructor: Dr. Daniel G. Pompa

Tuition: ADA member/staff: \$50 Non-ADA member: \$100

Friday, October 24

10:00 a.m.

Socket Presentation and Bone Grafting

2 C.E. Credits

A tooth extraction without socket grafting produces up to 60 percent shrinkage of bone as the hard and soft tissues heal. In the "smile zone," this defect causes a significant esthetic challenge. You and your patients will appreciate the esthetic and functional advantages of socket grafting. There are many materials available for simple, fast, predictable grafting. When patients are educated about the desirability of socket grafting, most accept the procedure. Whether you are planning an implant when the socket heals or placing a Pontic in the location of the healed socket, grafting is a proven and desirable procedure. Included in this presentation are grafting materials, membranes, and step-by-step easy procedures. Patients will appreciate having this procedure done, if you only tell them about it. Make socket grafting a routine part of your practice!

Continental Breakfast Included

Instructor: Dr. Al A. Gulum

Tuition: ADA member/staff: Free

Friday, October 31

9:00 a.m.

Topic: Risk Management

4 C.E. Credits

Do you know how long you are obligated to store patient records? What information needs to be included in a medical history? How do you legally terminate a professional relationship with a patient? Answers to these and many other legal questions are provided in this course. Course qualifies for malpractice policy discount.

Instructor: Dr. Kenneth Treitel

Tuition: ADA member/staff: \$135 Non-ADA member: \$260

Snowbirds – Come Back To New York (Maybe)

By Michael Markhoff, Esq.

The State of New York has passed new legislation relating to the estate tax and gift tax.

Good News

Under the present law, the federal government (Internal Revenue Service) allows an estate tax exclusion of \$5,340,000 per person. Until now, the corresponding New York State estate tax exclusion was \$1,000,000 per person.

Under the revised New York State law, the \$1,000,000 exclusion will increase to \$2,062,500 effective April 1, 2014, \$3,125,000 as of April 1, 2015, \$4,187,500 as of April 1, 2016, and as of April 1, 2017 until December 31, 2018, \$5,250,000. Commencing January 1, 2019, the exclusion amount will thereafter increase with the cost of living.

Bad News

Under federal law, if the first decedent does not utilize the full \$5,340,000 federal estate tax exclusion, any unused portion is carried over (referred to as portability) and is available to the surviving spouse at the death of the spouse. The surviving spouse would be entitled to the unused portion of the first spouse's estate tax exclusion plus the full \$5,340,000 available for the surviving spouse.

There is no such portability provision under the revised New York law. Additionally, there is a penalty if the estate of a decedent exceeds the exclusion amount by 5 percent. Hypothetically, if the exclusion amount is \$5,250,000 and if the estate of the surviving spouse (or an unmarried decedent)

exceeds that by more than 5 percent, then the exclusion disappears and the estate pays New York estate tax from dollar one without any benefit of the \$5,250,000 exclusion.

The effective maximum tax rate under New York law is 16 percent.

There is also a transitional gift tax for New York State purposes which will be effective from April 1, 2014 through December 31, 2018. Any gifts in excess of the annual exclusion (\$14,000 per beneficiary plus medical bills and tuition) made after April 1, 2014 during the three year period prior to death will be included in the estate for New York State estate tax purposes.

Conclusion

Wills should be reviewed to be certain that clients are taking maximum advantage of the New York State estate tax exclusion. In general, if assets are allocated at the first death to a "credit shelter trust" to the extent of the federal exclusion amount (\$5,340,000), and the excess, if any, over the exclusion is either distributed outright to the surviving spouse or to a QTIP trust for the benefit of the surviving spouse. This technique will result in no federal estate tax at the death of the first spouse to die and should result in eliminating or at least minimizing any New York State estate tax (depending on the size of the estates).

It is now imperative that, to the extent practicable, ownership of assets should be equally divided between spouses

—Continued on page 18

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Topic: "How to Avoid Headaches with Implants -Part 2"
Speaker: Dr. Bernard Fialkoff, D.D.S.
Location: 47-10 Bell Blvd., Bayside
- Sept 10** 7:00 -10:00 p.m.
Topic: "Prudent and Predictable Antibiotic Use in Dentistry"
Speaker: James L. Rutkowski, D.M.D., Ph.D.
Location: 47-10 Bell Blvd., Bayside

Dietary Concerns:

QCDS wishes to accommodate the dietary needs of attendees at meetings and programs. Anyone requiring kosher or other specialized foods should notify the QCDS office at the time of registration.

TAX TIPS FOR DENTISTS

There are exceptions to the 10% penalty for early distributions (before age 59.5) from qualified pension plans and IRAs.

1. Medical expenses that are in excess of 7.5% of adjusted gross income.
2. Up to \$10,000 for first time homebuyer expenses
3. Higher education expenses for taxpayer, spouse, child or grandchild.
4. Direct rollover to a new retirement account.
5. You were permanently totally disabled.
6. You were unemployed and used the money for health insurance.

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Snowbirds – Come Back To New York

—Continued from page 15

and allocated to a “credit shelter trust” in the estate of the first spouse to die so as to take maximum advantage of the New York State estate tax exclusion and to avoid having assets in the name of the surviving spouse in excess of the New York State estate tax exclusion (\$5,250,000 as of January 1, 2019) plus 5 percent to be taxed at rates ranging from 12 percent to 16 percent.

Michael Markhoff, Esq. is a partner at the White Plains, New York law firm of Danziger & Markhoff, LLP. This firm is a business and tax-oriented law firm that has been representing dental practice owners in the New York Metropolitan area for 50 years. Mr. Markhoff may be reached at 914-948-1556 or at mmarkhoff@dmlawyers.com.

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