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QCDS Bulletin

PUBLISHED BY AND FOR THE DENTISTS OF QUEENS COUNTY

Volume 51 Number 6

November/December 2009

Dr. O'Loughlin at Women Dentists Conference Nov. 8

QCDS is proud to host a Women Dentists Conference on November 8 at the New York University College of Dentistry. This is the first time that any local dental component is hosting such a conference with a continuing education program that is open to all dentists, followed by a panel discussion on "The Woman Dentist and Developing Strength as a Leader."



ADA Executive Director
Dr. Kathleen O'Loughlin

"We are honored to have Dr. Kathleen O'Loughlin, executive director, ADA, and Dr. Kathleen Roth, past president, ADA, as part of our team," said QCDS President Dr. Praba Krishnan.

Attendees can earn 5 CE credits learning about the systemic-oral relationship in women, right from Puberty, Pregnancy, Meno-pause, Hormones, Medications, etc.

"We have almost 200 registrants for this event and QCDS continues to be flooded with more," Dr. Krishnan said. "We are thankful to the New York State Dental Foundation for their generous support, as well as New York University College of Dentistry for the venue. Those of you, who have not yet signed up for this conference, should do so as soon as possible."

Dr. Ashok Dogra Becoming Next QCDS President, Dr. Alvin Orlian To Receive Emil Lentchner Award

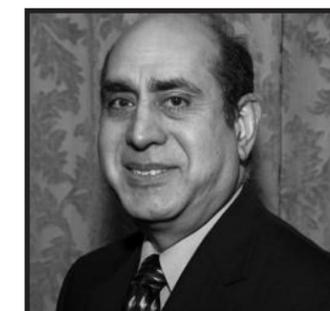
The QCDS annual Installation and Gala Dinner Dance is scheduled for January 16 at the Chateau Briand in Carle Place, the site of the 2007 dinner dance.

Dr. Ashok Dogra will be formally installed as the 2010 QCDS president. Nominated to serve with him are Dr. Mercedes Mota-Martinez, president-elect; Dr. Beatriz Vallejo, vice president; Dr. Doron Kalman secretary; Dr. Bijan Anvar, treasurer; and Dr. Sudhakar Shetty, historian.

In addition, nominated by the Institute for Continuing Dental Education are officers, Dr. Sudhakar Shetty, president; Dr. Rekha Gehani, vice president; and Dr. Stuart Kesner, secretary/treasurer, will be installed.

QCDS will be presenting the Emil Lentchner Distinguished Service Award to Dr. Alvin Orlian in recognition of his lifelong dedication to organized dentistry. Dr. Orlian is a founding member of the Eleventh District Dental Society, the predecessor to the Queens County Dental Society, and served as president in 1979. He is a prominent clinical professor of oral surgery at the New York University College of Dentistry and was longtime chairman of the Department of Dentistry at Flushing Hospital Medical Center, from which he retired in 2003 after having directed the growth of its dental residency program. He has received numerous awards, including the L.P. Pederson M.D. Memorial Award from Flushing Hospital and its prestigious Leadership Award in 1996. While his accomplishments are far too numerous to list, his record of achievement clearly makes him a worthy recipient of the Society's highest honor.

—Continued on page 11



Incoming QCDS President Dr. Ashok Dogra.

Fans Win at Oral Cancer Screening

By Alan N. Queen, DDS

The home team may not have won, but the 30,000 fans at the game did at the second annual QCDS oral cancer screening at Citi Field, Flushing, on September 23.

A team of volunteer dentists led by Dr. Stuart Kesner screened fans at a table just off the Jackie Robinson Rotunda, the main entrance to the Mets new stadium, Citi Field.

"It only takes two minutes to potentially save someone's life," Dr. Kesner said. "By doing this program each year with the Mets, it makes people aware of

oral cancer and reinforces the dangers of smoking." Lisa Marini, representing the "Queens Quits" tobacco-cessation program, worked with the dental society at the event, counseling fans on smoking cessation.

As occurred last year, several suspicious lesions were found and patients were referred for biopsies, Dr. Kesner related.

One patient, who had a suspicious lesion on his tongue, said he was glad to have the opportunity to be screened, and promised to get a biopsy done

—Continued on page 14



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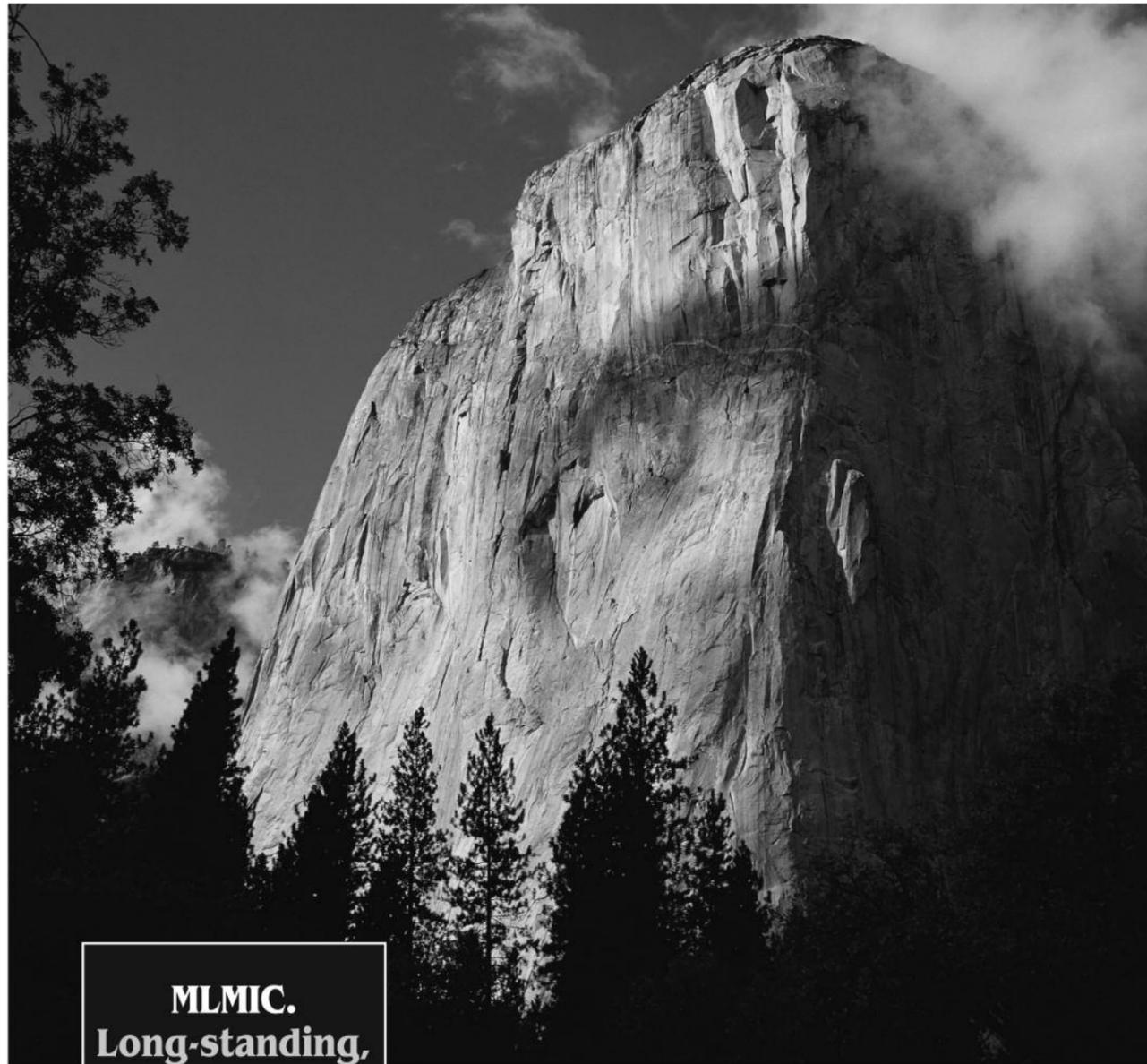
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QCDS Hears From Deans, Deans and More Deans

By Mitchell Greenberg, DDS
Co-Editor

With the exception of Dean Martin, QCDS was extremely fortunate to have a number of prominent “deans” speak at our Continuing Education programs.

In March, the dean of Columbia University College of Dental Medicine, Dr. Ira B. Lamster, spoke to a hearty group of QCDS members who braved the miserable weather conditions on the topic of “Oral Health for Older Adults” stressing the interdisciplinary approach. Dr. Lamster’s presentation on dentistry’s next great challenge, the need to provide dental services to an aging population, generated spirited discussion and provided food for thought for our members. Dr. Lamster is the “dean” of local deans, having been in his position since October 2001 and at Columbia in other positions since 1988.

In May, the dean of New York University College of Dentistry, Dr. Charles N. Bertolami, the 14th dean of the 142 year old College of Dentistry, was the speaker in an interesting program exploring the various influences on the public’s perception of its need for oral health care. The program discussed how demographics, political action, corporate influence and rising expectations all enter into the public’s demand for dental services, as well as how these factors impact on the dental profession and dental education itself. Dr. Bertolami

assumed his position at NYU in September 2007 after having been the dean at the University of California-San Francisco School of Dentistry.

Completing the presentations by the local dental school deans, Dr. Ray C. Williams, the Dean of Stony Brook University School of Dental Medicine, spoke at our October membership meeting on the topic of “Oral Disease as a Risk Factor for Systemic Disease.” Dr. Williams is the “new kid on the block,” so to speak, having assumed his position at Stony Brook earlier this year after having been the chair of the Department of Periodontology at the University of North Carolina at Chapel Hill. Dr. Williams is a renowned expert in periodontal disease and his illuminating presentation on possible relationships between chronic periodontitis and cardiovascular disease, diabetes, pulmonary disease and pre-term low birth weight infants sets the stage for dental professionals in recognizing that a patient’s oral health may be a key to their total health.

QCDS considers itself quite fortunate to have hosted such a prominent array of dental speakers and will be hard pressed to duplicate such programs in the coming year. QCDS President Dr. Prabha Krishnan expressed her thanks to each of the speakers who made time in their busy schedules to appear at our programs and share their insights with our members.

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Looking Back and Looking Forward

By Prabha Krishnan, DDS

As my term as president of the Queens County Dental Society draws to a close, it is time to look back and reflect on all that we have achieved.

I have had the pleasure of serving as an advocate and spokesperson for our profession on the local level, while having the opportunity to derive a great sense of satisfaction by representing 1,100 of my distinguished colleagues. As I finish my last lap, I am delighted to share with you our accomplishments throughout this past year, which were all made possible by the joint effort of all the members and staff of Queens County Dental Society.

I would like to take this opportunity to thank each and every one of you for your confidence in me. Wow, time goes by fast when you are having fun! We started off the year with a bang. Our Installation Dinner-Dance at the Crest Hollow Country Club was a true gala, attracting almost 500 guests, including many dignitaries, demonstrating unity within the profession. As a follow-up to this event, our full day continuing education courses in January and February were very successful, attended by almost 200 and 350 dentists respectively.

Throughout the year, our Continuing Education courses have covered the various disciplines in dentistry, including periodontics, orthodontics, endodontics, restorative and implant dentistry, law and regulation in dentistry, patient management, financial planning, ethics and jurisprudence. Due to high demand from the attendees, many of these courses were held on Sundays. Our free Friday morning Continuing Education seminars are a member benefit course.

We were honored to host the deans of all the three local dental schools, Dr. Ira Lamster, of the Columbia University, School of Dental and Oral Surgery, Dr. Charles Bertolami, of the New York University College of Dentistry and Dr. Ray Williams, of the Stony Brook University, School of Dental Medicine, at our general membership meetings this year. We are also grateful to both the State Education Department and the office of the Medicaid Inspector General for providing representatives to address our members regarding regulatory issues that can affect them.

Our annual Resident Night was attended by nearly 50 residents from our neighborhood hospitals. This event provides an opportunity for these new dentists to meet with the leadership and explore the benefits of membership in organized dentistry. At this event, the Residency Program Directors were honored and presented with the Spirit of Excellence Award. Dr. Gustave Lasoff, the oldest member on our Board of Trustees, was also recognized that night for his 60-year involvement in organized dentistry. He is a true link between

the past and future of the Queens County Dental Society. This year, QCDS celebrated National Children’s Dental Health Month with a State Winner. Amy Yang, an eighth grader from the St. Anastasia School in Douglaston won first place in our local and state contest.

As part of our community outreach for the children of Queens, a dedicated team of volunteers led by Drs. Queen, Kessner, Mota-Martinez and Goldenberg screened more than 800 school children. We believe outreach efforts like this and regular dental check-ups are an important way to teach children good oral health as well as to detect dental disease early.

Due to excellent response, we were again invited by the Mets to repeat our Oral Cancer Screening Program, spearheaded by Dr. Kesner at Citi Field this fall. The diligent efforts

“...we have demonstrated our commitment to the community by actions, not words.”

of our volunteers again made this event a success. This October, QCDS also joined hands with our colleagues from Nassau and Suffolk at our annual Belmont Racetrack oral cancer-screening event. In these uncertain financial times, “access to care” is much more than a catch phrase and we have demonstrated

our commitment to the community by actions, not words.

During the course of the year, we were successful in our efforts to reach out to the various ethnic dental societies, including the Indian Dental Association, Spanish American Medical Dental Society, Puerto Rican Dental Association, Dominican Dental Association and the Bangladesh Dental Association. In January, at our invitation, Non-ADA members, several leaders in organized dentistry, as well as leaders from the dental industry got together to share their concerns and ideas. We also partnered with the Alpha Omega International Dental Fraternity and hosted a continuing education program at our headquarters.

As your representative, I attended the Membership Conference in Chicago and I am proud to inform you that QCDS was one of the few components to receive a recognition for “Best Practices” as part of our efforts to reach out to non-members.

Keeping up with today’s technology, I invite you to visit our website, which has been totally revamped. All the continuing education courses, upcoming events, Bulletins (current and archived) and on-line registration are only a click away. Please provide us with your email addresses, as we would like to go green. As usual, I welcome your comments and am open to positive criticism.

QCDS is looking forward to our mega event, the Women Dentists Conference on November 8. This is believed to be a first of a kind program hosted by a local component. We are fortunate to have Dr. Kathleen Roth, past president, ADA; —Continued on page XX

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HO HO HO Merry Christmas

By Viren Jhaveri, DDS

Well, boys and girls, I hope you've been good for goodness' sake because it's that time of year again.

Time to lube up the ole sleigh.

Time to, more than anything else, make a list, check it twice, and find out who's been naughty or nice.

As always at this time of year, life here in Santa's Village is busy, busy, busy. Before things get really crazy, I thought I would take a moment to let you know what's been going on in the Claus household this year.

First, let me say, I am sorry about the mass e-mail. The economy has forced us to put new efficiency measures into place, and I'm just not sure I will be able to answer all of your notes left in/near stockings hung by the chimney.

You can bet, though, that I will devour your much-appreciated milk and cookies!

If ever there were a year that the Grinch might steal Christmas, this is it. But, I want to put to rest the rumors circulating on the Internet: There is no way that the Grinch, or anything else, will prevent me from making my rounds again this holiday.

You can take that to the bank. (A functioning one, of course.)

The good news is that despite what you may have heard, none of the elves' quarters or reindeer stables or Mrs. Claus's and my house ended up in foreclosure.

In other words, it's all good. Or, as we like to say around

here, it's all festive.

Another challenge for us this year was the rising cost of fuel. You may say reindeers power my sleighs—true. Because of that, the sleigh is environmentally sound and we are proud to say that our annual trip around the earth leaves no pollution or carbon print behind.

However, the food I am talking about is reindeer food, grasses and lichens.

The rise in cost of food around the globe has also adversely affected zip code 99705 (the North Pole of course)

Talking about challenges, be advised that 99705 is increasingly looking like Beverly Hills 90210. You don't understand, do you—ah ha! Global warming my friends, global warming, our ever snow bound community now has multiple melting snowcaps and budding beaches.

This is a joyous time, in spite of all the difficulties we all may have faced; we will again have a wonderful holiday season.

The elves are working tirelessly building I-phones and I-pods as I sit contemplating the meaning of this time of the year and wonder if a holiday without boxes or packages could be a good thing. What if the Christmas this year didn't come from a store, what if it meant a little bit more?

Well, that's it from me.

With good cheer to all,
Santa Claus



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Our 2009 Accomplishments

By William Bayer

As 2009 concludes, we usually look back on the year to see what has been accomplished and what remains to be done in 2010. Our president, Dr. Krishnan, is writing a recap of the year's activities at QCDS, which I will defer to her. However, there are other accomplishments, especially on the statewide level, that are worthy of mention and should not go without notice.

The 2009 legislative year presented quite a challenge to organized dentistry, where the fiasco and battle for control of the Senate precluded what constitutes a typical legislative agenda. Many bills, which may have had a negative impact on dental practitioners, were successfully challenged by our New York State Dental Association team and the good will established over the years by NYSDA's government affairs and lobbying programs paid dividends in the successes NYSDA secured. Some of the significant highlights include:

STATUTE OF LIMITATIONS: Senate bill 1729 sought to virtually eliminate the present statute of limitations relative to malpractice actions involving dentists and physicians. The bill never came to a vote and was vigorously opposed by NYSDA. However, ongoing efforts will

continue to let legislators know this bill is unacceptable as it has the potential to increase health care costs and benefits the trial lawyers who strongly support the bill. We urge you to contact your local State legislators and express your opposition to this proposed legislation on the grassroots level.

OFFICE BASED SURGERY: Oral surgeons with dual degrees (MD and DDS/DMD) will not need to adhere to Department of Health regulations regarding standards and inspection requirements in their offices. Dentists not dually licensed had been previously exempted. However, a technicality omitted dually licensed practitioners from the same exemption, which they now have obtained.

LIMITED PERMITS: The Governor recently signed legislation removing an onerous requirement that residents in the required PGY1 program leading to licensure obtain a limited permit to participate in the residency program.

MANDATORY ETHICS COURSE: Dental students may now fulfill this requirement by taking the course while enrolled in dental school.

In addition, some bills that were opposed by NYSDA never came to the floor from their committees including:

- Assembly 6677 removing dental services from the Medicaid program,
- Assembly 5816 creating a profession of denturology,
- Assembly 5811/Senate 4994, known as the "Mercury Free

Water Bill," limiting the use of amalgam,

- Senate 3673 requiring dentists to disclose where dental devices were manufactured, and
- Senate 1041 creating a State Board for Dental Hygiene and allowing an independent scope of practice for dental hygienists in any setting.

NYSDA supported bills to allow Block Anesthesia to be provided by dental hygienists, as well as bills to allow an impaired dentist to seek help in the Professional Assistance Program without a surrender of the practitioner's dental license, but these proposals did not receive consideration in this session but will be addressed in the next legislative session.

NYSDA is also pursuing the appointment of a dentist as the Executive Secretary of the State Dental Board as required by law, rather than the temporary non-dentist appointee currently holding that position due to budgetary considerations.

Organized dentistry provides a strong voice for the profession and draws its strength from its

membership. I urge all dental practitioners to consider tripartite membership in the ADA, NYSDA and your local component, thus ensuring your concerns continue to be heard on the national, state and local levels of government.

I would like to thank the officers and leadership of QCDS for their countless hours devoted to servicing the needs of our members and providing timely information as well as worthy programs for our members. These volunteers receive no compensation and take many hours from their practices in an attempt to see that the needs of our members are being addressed. In particular, I can personally attest to the efforts Dr. Prabha Krishnan has made, as I can honestly say that not a day goes by where she is not communicating with me on one matter or another. We are also fortunate that Dr. Chad Gehani, in a well-deserved honor, assumes the NYSDA president elect position next year in what should be an interesting year under the newly adopted NYSDA governance structure.

In closing, please make an effort to support those who support us through their financial support of QCDS programs and their advertising in our publication. We value your continued membership and our staff looks forward to serving you in the coming year. Please consider attending our Installation and Dinner Dance on January 16th as a show of support for our incoming leadership.

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FDA Issues Final Regulation on Dental Amalgam

The U.S. Food and Drug Administration issued a final regulation classifying dental amalgam and its component parts—elemental mercury and a powder alloy—used in dental fillings. While elemental mercury has been associated with adverse health effects at high exposures, the levels released by dental amalgam fillings are not high enough to cause harm in patients.

The regulation classifies dental amalgam into Class II (moderate risk). By classifying a device into Class II, the FDA can impose special controls (in addition to general controls such as good manufacturing practices that apply to all medical devices regardless of risk) to provide reasonable assurance of the safety and effectiveness of the device.

The special controls that the FDA is imposing on dental amalgam are contained in a guidance document that contains, among other things, recommendations on performance testing, device composition and labeling statements.

Specifically, the FDA recommended that the product labeling include:

- A warning against the use of dental amalgam in patients with mercury allergy,
- A warning that dental professionals use adequate ventilation when handling dental amalgam,
- A statement discussing the scientific evidence on the benefits and risk of dental amalgam, including the risks of inhaled mercury vapor. The statement will help dentists and patients make informed decisions about the use of dental amalgam.

Dental amalgam is a “pre-amendment device,” which means that it was in use prior to May 28, 1976, when the FDA was given broad authority to regulate medical devices. That law required the FDA to issue regulations classifying pre-amendment devices according to their risk into class I, II or III. Although the FDA previously had classified the two separate parts of amalgam—elemental mercury and the metal powder alloy—it had not issued a separate regulation classifying the combination of the two, dental amalgam. During this time, however, dental amalgam has been subject to all applicable provisions of the law.

Today's regulation also reclassifies the mercury component of dental amalgam from Class I (low risk) to Class II (moderate risk).

Over the past six years, the FDA has taken several steps to assure that the classification of dental amalgam is supported by strong science.

In 2002, the agency issued a proposed rule to classify dental amalgam and identify any special controls necessary for its safe and effective use.

Due to a high number of comments on that rule, the agency held an advisory committee meeting in 2006, inviting dental and neurology experts to review existing scientific data on dental amalgam, especially with regard to its toxicity in pregnant women and children.

The agency drafted a review of recent and relevant peer-reviewed scientific literature on exposure to dental amalgam mercury. The advisory committee asked that the agency conduct an even deeper review of the scientific literature on this topic. In all, the agency considered some 200 scientific studies.

On April 28, 2008, the FDA reopened the comment period on the 2002 proposed classification in order to elicit the most up-to-date comments and information related to classification of dental amalgam. Today's rule reflects the years of agency review on this topic.

Dr. Dogra Becoming New QCDS President

—Continued from page 1

Dr. Dogra has been a QCDS member since 1978 and has been an active member of organized dentistry. He is a strong proponent of continuing dental education and has held positions within the Indian Dental Association, including director of continuing dental education. He is an attending at Flushing Hospital Medical Center and practices general dentistry at the Kissena Dental and Pediatric Care Center where his wife, Dr. Mridula Dogra, is a pediatric physician.

The Dogras have three children. Their oldest son is enrolled in a residency program at Wyckoff Heights Medical Center in Brooklyn. Their daughter is doing her first year of residency in Anesthesia at Stony Brook Medical Center. Their youngest son has just begun his undergraduate studies at SUNY Binghamton.

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- State & Federal Criminal Proceedings
- Administrative Hearings
- Estate and Real Estate Matters

Arthur I. Goldberg Miles R. Jacobson
Daniel M. Goldberg Amy T. Kulb
Jeffrey A. Granat

CRESO Corner: Learning More on X-Ray Operator Position

By Martin Schnee, Big Apple Radiation Safety

A previous article in the QCDS Bulletin covered operator position while taking an x-ray exposure. It needs to be taken one step further. While the operator should always stay behind the wall when taking x-rays, the position behind the wall can also effect the scatter measurement. The operator should take note when they are positioning the cone for the exam. If the cone is pointing directly to where you are standing, then try to stretch your body to the side when making the exposure. If the cone is pointing away from where you are standing then you will get the minimal scatter through the wall.

If a protected position is still getting substantial scatter measurements as determined by a survey during an inspection, then based on the ALARA regulation (As Low As Reasonably Achievable), additional shielding shall be provided. Sometimes this can be accomplished by hanging lead aprons on the inside wall. Another solution is to move the exposure switch to another location. Note: this may be a problem if your waiting room or receptionist is on the other side of the wall.

Holding of dental patients during the x-ray is not allowed. No one other than the patient is allowed in the room during the x-ray. This is not always practical, especially with children who are traumatized or patients who are medically or psychologically handicapped. In these cases certain rules should be followed. The first is that the holder is not preg-

nant. The holder should not be someone who routinely takes x-rays. The same person should not hold regularly. The holder must be at least 18 years of age. The holder should be a relative or friend of the patient. Records of patient holding are to be maintained. The holder shall be provided with protection of a lead apron, and if available lead gloves and personnel monitoring (film badge).

Positioning of the holder is also crucial for scatter purposes. The trunk of the holder's body should not be in line with the pointing of the cone. The holder should reach on either side of the patient's head while keeping their body away from where the cone is pointing. The holder should not stand directly behind the patient's head during the exposure. The holder may receive from 1- 5 percent of the patient dose, which is really not much to worry about with dental x-rays.

If you have any questions concerning this topic contact the author at (718) 986-4996 or by e-mail at Scientist004@aol.com. The author's web page is NYCRESO.com

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Protecting Custodial Accounts and Assets for Children and 'Generation-Skipping Trust'

By Michael Markhoff, Esq. and Stanley E. Bulua, Esq.
Danziger & Markhoff LLP

Protecting Custodian Accounts

Many people have accumulated funds in custodian accounts for their children with the intention of using the funds for college. However, in many instances, the parents were able to pay the tuition from current income, leaving a substantial balance in the custodian account.

The funds in the custodian account become property of the child when he or she attains age 21. At this point, the parents have two concerns: first that the account will be at risk in case the child marries and the marriage ends in divorce, and second, that the child may spend the money frivolously.

The best approach in either case is to have the child trans-

“...the account cannot be distributed to the child's spouse.”

fer his or her custodian account to an irrevocable trust created by the child, with the parents as trustees. The trust's income and principal will only be paid to the child at the discretion of the parents. Upon the child's death, the assets are distributed to the child's children. The important point is that the account cannot be distributed to the child's spouse.

If the parents decide at some point that the trust is no longer necessary, they can, in their role as trustee, consent to collapse the trust and distribute the assets to the child.

The trust's income will be taxed to the child. The trust does not have to file separate income tax returns and does not have to apply for a taxpayer identification number.

Upon the child's death, the trust will count as an asset of his or her estate for estate tax purposes. No marital deduction will be available in the child's estate because the trust property cannot pass to the child's spouse. The trust agreement provides that the trust is to bear its own share of the child's estate taxes.

The virtue of such a trust is that the child has given up control of the assets to his or her parents. In exchange, the trust helps earmark the assets as "separate property" for equitable distribution purposes and insulates the assets from any divorce proceeding. Since it is frequently awkward for parents to recommend a prenuptial agreement, this is a more palatable alternative. Of course, such a trust will not protect earned income or other assets not in trust from spousal claims. Also, the child now cannot use the custodian account to purchase sports cars or take lavish vacations.

The trust has estate tax consequences at the child's death and should be drawn with these in mind.

Protecting Your Assets From Your Children's Creditors After You Die

Instead of relying on your children to plan for their own protection against potential creditors' claims, there are techniques, which you can employ to prevent creditors from reaching the inheritance you leave to your children.

Rather than leaving your inheritance outright to the child, you should consider leaving the inheritance in the form of "generation-skipping trusts" for your children. These trusts provide income to the children and distributions of principal with the consent of another trustee. When the child dies, the trust will be distributed to grandchildren.

The advantage of the trust is that since the child does not have control of the assets (the trustee has the control), creditors cannot attach the trust principal. As a side benefit, this technique enables you to "dictate from the grave" that your estate will not pass to your son-in-law or daughter-in-law upon your child's death if that is the desired result.

Michael Markhoff, Esq. and Stanley E. Bulua, Esq. are partners in the White Plains, New York law firm of Danziger & Markhoff LLP. The firm is a business and tax-oriented law firm that has been representing dentists for over 45 years. Mr. Markhoff and Mr. Bulua can be reached at 914-948-1556 or by email at mmarkhoff@dm-lawyers.com or sbulua@dmlawyers.com respectively.

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Fans Win at Oral Cancer Screening

—Continued from page 1

quickly. "God bless you," he said after the screening. "You guys are doing a great job."

QCDS President Dr. Prabha Krishnan, who helped screen fans at the event, was one of those who found a suspicious lesion in a cigar-smoking fan. "Early detection is important to saving lives," she said. "I think this was a very good service for the community."

The oral cancer screening by QCDS was part of a health fair held that night by the Mets featuring 14 booths set up across the stadium. Other organizations participating included the New York Hospital of Queens, Elmhurst Hospital, New York City Department of Health, American Cancer Society, and the Glaucoma Caucus Foundation.

"Through local hospitals and health organizations like the QCDS we are able to give back to our fans and the community," said Stephen Karl, senior group and inside sales repre-

sentative for the Mets.

"Fans have the opportunity to have their blood pressure & blood-sugar level screened, eyes examined for glaucoma and mouths checked for any potential signs of oral cancer. In addition, information regarding current health issues, such as H1N1 (Swine Flu), is provided to further educate the public on these important matters," he explained,

"Nicotine patches were also distributed to those who are considering or already trying to quit smoking. All of these services are provided to the fans free of charge. It is our hope that the fans will take advantage of these services and get a quick check-up while at the game. The Health Fair provides easy access to information and services for the community and benefits those who may not normally be proactively informing themselves," Mr. Karl said.

Both Dr. Krishnan and Mr. Karl said they hoped to be able to repeat the program again next year.



A delegation from the QCDS was welcomed onto the field before the Mets game, including (from left) Past President Alan N. Queen, Event Chairman Stuart Kesner, Mr. Met, President Prabha Krishnan and Executive Director Bill Bayer.



True Mets fan being screened by true Queens hospital resident at Citi Field.



QCDS President Dr. Prabha Krishnan helps screen the many Mets fans at the oral cancer screening.



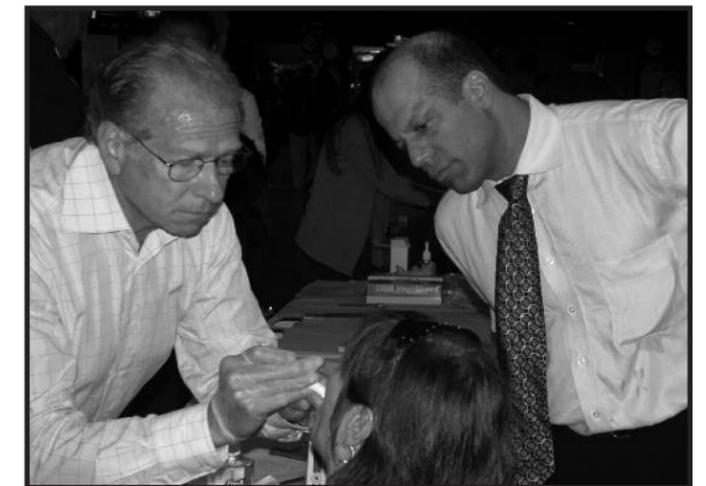
QCDS Vice President Dr. Mercedes Mota Martinez and residents from Queens Hospital in action at Citi Field.



QCDS President Dr. Prabha Krishnan (Periodontist) and Treasurer Dr. Doron Kalman (Oral Surgeon) screening Mets fan.



QCDS volunteers and hospital residents at Citi Field.



Mets Event Chair Dr. Stuart Kesner watches on as QCDS volunteer screens Mets Fan.



QCDS Vice President Dr. Mota Martinez with Queens Hospital Resident screening a Mets fan, other volunteers in the background talking to fans about importance of oral cancer screening.

CE Courses Fall 2009

Pre-registration is required for all continuing education, except General Membership Meetings

Dietary Concerns

Please note that QCDS wishes to accommodate the dietary needs of attendees at our meetings and programs. It is requested that anyone requiring kosher or other specialized foods notify the QCDS office at the time of your registration so that proper plans can be made.

Tuesday, November 3 6:30 a.m.

General Membership Meeting 2 C.E. Credits

7 p.m.: You Can Succeed In a Challenging Economy Presented by Dr. Steven M. Katz and Kelly Fox-Galvagni of Smile Potential, Inc.

Dental Practice Coaching

Sponsored by NuLife Long Island

Topic: This presentation is intended for any dentist whose practice did not grow in 2008 or 2009 or for any practice that has showed a decline during this period. If either of these events describes your practice, then you must come to this program! It is a time to invest in yourself, your practice and your team and you will derive the most benefit from this course if you bring your team.

Objectives of Presentation:

- Develop a practice philosophy that eliminates stress, conflict and drama and replaces them with the culture of a unified, motivated and staff-driven practice.
- Develop a practice experience that exceeds patient expectations in every way (The Wow Experience) and thus inspires the patients to accept comprehensive and cosmetic care without objection.
- Develop verbal skills for the entire team that make the practice resistant to current economic trends.
- Develop strategies for the practice that give it an unmistakable competitive advantage over the majority of less-prepared practices and a distinct momentum for unprecedented growth when the economy begins to recover.

8 p.m.: Implant Overdentures Overview and Underview

Topic: Presented by Berry Stahl, DMD

Dr. Stahl is assistant professor at Mount Sinai School of Medicine, New York and assistant attending at St. Barnabas Hospital, Bronx. He is also chief of the Resident Implant Program at St. Barnabas Hospital. Sponsored by MIS Implants Technologies

The presentation will go through dental implant overdentures and their applications. It will briefly review case selection, treatment planning to make the outcomes more predictable, types of overdentures, types of attachments and their applications, definitions and small procedures to make overdentures easier.

At the end of the presentation, the attendees should be able to understand:

- Implant placement for overdentures,
- Types of overdentures and their definitions,
- Types of attachments.

Friday, November 6 9 a.m.

Infection Control 4 C.E. Credits

Topic: In the past, this course has had an overwhelming positive response from those clinicians and their staff who earnestly want to stay informed of the latest infection control recommendations out there and do so through the eyes and thoughts of a speaker/clinician who understands the nature and demand of the everyday dental practice. There's more: bring your entire staff and satisfy OSHA's annual staff training requirements. Course qualifies for re-licensure.

Instructor: Harold Edelman, DDS

Tuition: ADA member: \$85 ADA member staff: \$70
Non-ADA member: \$260

Sunday, November 8 8:30 a.m.

Women's Dental Health Conference 5 C.E. Credits

Topic: Continuing Education Program for all Dentists followed by panel discussion moderated by Dr. Kathy Roth, ADA past president

Queens County Dental Society, in partnership with the New York State Dental Foundation Presents 2009 Conference on Women's Health

Open to all dentists

LOCATION: NYU College of Dentistry, Saklud Auditorium
24th Street & 1st Ave., New York

Speaker and Topics:

Dr. Kathleen Roth, Past President, American Dental Association
Dr. Barbara Steinberg: Eating Disorders and Dental Management

Dr. Susan Calderbank: Is Your Office Bisphosphonate Ready?

Dr. Joan Phelan: Oral Diseases Prevalent in Women

Dr. Roth will moderate panel discussion:

Woman Dentist and Developing Strength as a Leader

Tuition: ADA Members and Non-ADA members: \$70, includes lunch

Friday, November 13 9 a.m.

Video Study Club 2 C.E. Credits

Topic: Preparing for Your Next Medical Emergency

This is a great staff training aid! Your team needs to be educated in medical emergencies that will occur. We never know when a medical emergency will happen in our office. Oftentimes, it has nothing to do with planned treatment. This video includes diagnosing and dealing with many potential emergency medical problems, including loss of consciousness, respiratory distress, allergies, chest pain and other life-threatening situations. Example "medical emergencies" are demonstrated on live patients for you and your staff to analyze and determine appropriate emergency treatment. Prepare for your upcoming emergency today!

Instructor: Dr. A Al Gulum

Sunday, November 15 9 a.m.

Digital Impressioning 3 C.E. Credits

Sponsored by 3M ESPE- Pre-Registration Required

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Digital Impression System Replaces Traditional Impressions:

The Lava™ Chairside Oral Scanner C.O.S. from 3M ESPE features proprietary 3D-in-Motion technology. And the dental industry is the first to benefit from this amazing breakthrough in digital imaging. After taking a digital impression, Doctors send the file to their lab for production of a traditional (PFM) or CAD/CAM (Lava) restoration. The practice of taking impressions in the dental office will never be the same.

The 3D-in-Motion Difference:

Unlike current point-and-click technology, 3D-in-Motion allows the Lava C.O.S. to capture continuous 3D video images that create a digital impression used to produce precise-fitting restorations. The Lava C.O.S. displays the impression in real time on the touch screen monitor and allows doctors to assess their preparation and margin utilizing powerful tools unique to digital dentistry.

Comfortable, Interactive Experience:

Your patients will benefit from a comfortable and interactive experience that ultimately results in a beautiful restoration. As a dentist, you will appreciate an enhanced state-of-the-art image for your dental practice, a high level of patient satisfaction and fewer procedure steps. Let the Lava C.O.S. be the foundation for the dental practice of the future.

Tuition: ADA member: \$35 Non-ADA members: \$75

Friday, November 20 9 a.m.

Wednesday, December 16 6 p.m.

CPR- Certification and Re-Certification 4 C.E. Credits

Topic: Basic Cardiac Life Support Certification/ Re-Certification will cover 1 and 2 rescuer CPR, Heimlich maneuver, child CPR and AED.

The ability to recognize the signals of a heart attack and provide stabilization of the victim at the scene of a cardiac arrest is a priceless commodity. Life over death may some day become a reality to someone you know or care for. Be prepared to help save a life.

If your CPR certification is two years old or less and you want to re-certify, you must submit a copy of your BLS card, or you will need to take the complete certification course again.

Instructor: Robin Zalewski, BLS Instructor

Tuition: ADA member: \$105 ADA member staff: \$105
Non-ADA member: \$260

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Study Clubs November – February

Steinway Study Club

CONTACT DR. KIRSCHNER (718) 634-2123

Nov 17 6:30-9:00 p.m.

Topic: Partial design, Veneer & Crown Prep Updates

Speakers: Irving Nelson, Director, NYU Prosthetic Lab/Americus

Location: Mezzo Mezzo Restaurant,
31-29 Ditmars Blvd., Astoria

Dec 15 6:30-9:00 p.m.

Topic: Implant Case Overview

Speaker: Dr. Wallace P. Chan, PG2, Mount Sinai Hospital

Location: Mezzo Mezzo Restaurant,
31-29 Ditmars Blvd., Astoria

Jan 19 6:30-9:00 p.m.

Topic: Pre-Malignant Lesions

Speaker: Adham Fahmy, DDS, Pathology Dept.,
Mt. Sinai Hospital

Location: Mezzo Mezzo Restaurant,
31-29 Ditmars Blvd., Astoria

Glen Head Study Club

CONTACT DR. GLICKER (516) 775-7080

Nov 4 7:30-10:30 p.m.

Topic: ABC's of Selling a Practice

Speaker: Martin Mattler

Location: IL Bacco Restaurant
253-08 10th Northern Blvd., Little Neck

Dec 9 7:30-10:30 p.m.

Topic: Impression Troubleshooting/
Digital Impressioning

Speaker: Michael Perkowski

Location: IL Bacco Restaurant
253-08 10th Northern Blvd., Little Neck

Dr. Fialkoff Study Club

CONTACT DR. FIALKOFF (718) 229-3838

Nov 11 7:00-9:00 p.m.

Topic: Periodontal and Implant Procedures
to Expand Your Dental Practice

Speaker: Dr Bernard Fialkoff, DDS

Location: Laterna Restaurant
47-20 Bell Blvd., Bayside

Dec 2 7:00-9:00 p.m.

Topic: Improved Treatment Planning and Case Design

Speaker: Dr Camilo Achury, DDS

Location: Laterna Restaurant
47-20 Bell Blvd., Bayside

Dec 11 8:30 a.m.-5:00 p.m.

Topic: Implant Certainty Training Program

Speaker: Dr. Bernard Fialkoff, DDS

Location: 56-03 214 St., Bayside

Jan 8 8:30 a.m.-5:00 p.m.

Topic: Implant Certainty Training Program

Speaker: Dr. Bernard Fialkoff, DDS

Location: 56-03 214 St., Bayside

Feb 5 8:30 a.m.-5:00 p.m.

Topic: Implant Certainty Training Program

Speaker: Dr. Bernard Fialkoff, DDS

Location: 56-03 214 St., Bayside

New York Hospital Queens Dept of Dentistry

CONTACT MS. VEZZA (718) 670-2301

Dec 4 8:00 a.m.-5:30 p.m.

Topic: Oral and Maxillofacial Pathology:
A Comprehensive Review Course

Speaker: Stanley Kerpel, DDS, Paul D. Freedman, DDS
Renee F. Reich, DDS

Location: Theresa and Eugene M. Lang Center for Research
and Education Lang Auditorium
New York Hospital Queens
56-45 Main St., Flushing

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QCDS Installation and Dinner Dance

The QCDS Installation of officers will be held on Saturday, January 16, at the Chateau Briand, located at 440 Old Country Road, Carle Place.

Join in honoring the new QCDS president, Dr. Ashok K. Dogra, and the officers of both QCDS and ICDE by attending the event which promises.

A cocktail hour begins at 7 p.m., followed by an evening of dinner and dancing.

The volunteer officers devote significant amounts of their time to the Society in an effort to bring programs of interest to the dental community, along with timely information relative to the profession. Your participation in this evening provides an excellent way to express your appreciation.

Reservations can be made by calling the QCDS office and sending a check, made payable to QCDS or by credit card for \$95 per person.

If you wish to make a donation to offset the cost of the evening, forward your donation directly to QCDS at: 86-90 188th Street, Jamaica, NY 11423.

Donations can be made in the following categories:

- \$200 Supporter
- \$300 Friend
- \$500 Bronze
- \$1000 Silver
- \$2000 Gold
- \$5000 Platinum
- \$10,000 Diamond

Donations of \$500 or more include tickets to the event.



THE CITY OF NEW YORK
DEPARTMENT OF HEALTH
AND MENTAL HYGIENE

RC 39 (Rev. 4/05)

NOTICE TO EMPLOYEES STANDARDS FOR PROTECTION AGAINST RADIATION

YOUR EMPLOYER'S RESPONSIBILITY

The transfer, receipt, possession or use of all sources of ionizing radiation in the City of New York is controlled by the applicable rules, regulations and orders of either the New York State Departments of Labor or the New York City Department of Health and Mental Hygiene. These agencies require either the registration or licensing of all significant radiation sources and they require your employer to post or otherwise make available to you a copy of the applicable regulations, license and registration and the operating procedures applying to the work in which you are engaged and to explain relevant provisions to you. These documents are made available in the office of the Radiation Safety Officer or from the licensee.

R.S.O. _____

Licensee: _____

The applicable regulation in this installation is 24 RC NY Article 175.

YOUR RESPONSIBILITY AS A WORKER

You should familiarize yourself with the provisions of the New York City Health Code and your radioactive materials, or radiologic technicians license, and the operating procedures which apply to the work in which you are engaged. You should observe these provisions for your own protection and the protection of your co-workers.

WHAT IS COVERED BY THESE REGULATIONS

1. Limits on exposure to radiation and radioactive material in controlled and uncontrolled areas;
2. Measures to be taken after accidental exposure;
3. Personnel monitoring, surveys and equipment;
4. Caution signs, labels, and safety interlock equipment
5. Exposure records and reports; and
6. Related matters.

POSTING REQUIREMENT

Copies of this notice must be posted where employees working in or frequenting any portion of controlled areas can observe a copy on the way to or from their place of employment.

REPORTS ON YOUR EXPOSURE TO RADIATION

If you work where personnel monitoring equipment is required the New York City Department of Health and Mental Hygiene requires your employer to provide you, upon request, a written report of your exposure to radiation both annually and at the time that you terminate employment.

INSPECTIONS

All activities licensed or registered with the New York City Department of Health and Mental Hygiene are subject to inspection.

Department inspectors may consult privately with workers concerning matters related to applicable provisions of the Health Code, to the extent the inspectors deem necessary for the conduct of an effective and thorough inspection.

During the course of an inspection any worker may bring privately to the attention of the inspectors, either orally or in writing, any past or present condition which the worker has reason to believe may have contributed to or caused any violation of the Health Code.

INQUIRIES

Inquiries dealing with matters outlined above can be directed to the:

NYC Department of Health and Mental Hygiene
Office of Radiological Health
2 Lafayette Street
New York, NY 10007

Radiation Equipment
(212) 676-1580, 1582

Radioactive Materials
(212) 676-1583, 1575, 1566

Obstacles on the Road to Retirement

By Harish Chugh
AXA Advisors

You can see the light at the end of the work tunnel: it's called retirement, and it's coming into view. You're feeling pretty good about it, too, because you've done what you were supposed to do: socked money into a 401(k), IRA and/or mutual fund, paid off the house, eliminated your debt. You're in good shape

But, this is no time to become complacent, especially since there are four key risks that loom, threatening to derail your plans if not faced head-on. Some may be outside your control, but that doesn't matter. What matters is being able to address and overcome them to keep your retirement on track.

Risk #1: Inflation

Every year, a pesky little thing called inflation erodes the buying power of a dollar. A few cents here, a few cents there—after a while, it adds up. Thirty years ago, a gallon of milk cost about half as much as it does today. That means that if you buy a gallon of milk tomorrow, your same dollar will only stretch halfway to the dairy.

For working people, these changes go virtually unnoticed since salaries generally keep pace with inflation. But, when your income becomes fixed—as is often the case in retirement—the changes hit a little harder. Add to it the real possibility of a 30-year (or longer) retirement, and suddenly inflation becomes a formidable risk to your purchasing power. You may begin your retirement in good shape financially, but if your income is not indexed to keep up with inflation, you may find yourself much worse off a few decades down the road.

So, how much is inflation? The Consumer Price Index acts as the bellwether for our economy's inflation. Essentially, it compares the price changes of various products and services and calculates the difference in the dollar's buying power year to year. Over the last decade, the average increase has floated between 2 and 4 percent according to the Bureau of Labor Statistics Consumer Price Index Table (February 21, 2007). But, to put it into perspective, consider this: today, you will have to spend \$24.57 to purchase the same thing you could buy for \$10 in 1980 according to the Bureau of Labor Statistics: Inflation Calculator (February 28, 2007). To preserve your standard of living, your retirement budget needs to adjust accordingly year after year.

Risk #2: Market Performance

Sometimes, it's the luck of the draw—you may plan to retire at age 60, and then find that once you reach that age some circumstance outside your control is woefully impacting market performance. Believe it or not, something as cyclical as a bear market could significantly erode your retirement savings.

Therefore, the year you retire will impact how much you have to draw upon going forward. Though you cannot predict if the market is about to take a downturn and if so, for how long, you can periodically evaluate market performance and adjust your budget accordingly to adapt to the market's volatility and help your dollars stretch farther into the future.

Besides conscientious portfolio evaluation, another way market risk can be mitigated is through annuities. These products are designed to preserve your capital while creating a guar-

anteed income stream for a duration of your choosing—be that several years, several decades, or for as long as you live. When it comes to annuities, there are many options, including how they are funded and how much risk they carry. A financial professional can explain the variations and help you decide if these types of products might complement your overall plan.

Risk #3: Longevity

When it comes to living a long life, most of us think the longer, the better! But when it comes to preparing to finance a retirement of 30 or 40 years, longevity becomes an important planning factor. No one wants to outlive their money or become a burden on their family. Therefore, making sure you save enough to last as long as you do is critical.

In April of 2006, the CDC's National Center for Health Statistics reported that the average life expectancy for Americans had reached an all-time high: 77.9 years, according to the Centers for Disease control and Prevention (April 19, 2006). Women are living an average of 80.4 years while men are living 75.2 years, again according to the Centers for Disease control and Prevention (April 19, 2006). Mind you, that is just the average. By definition, an average means that, statistically, half fall below and half fall above those numbers. Thus, there's a fairly good chance one member of a couple will live past "life expectancy." Will you be prepared if it's you?

Projecting retirement income in a variety of scenarios is a wise approach. It is beneficial to know just what you can afford to withdraw given various circumstances. That way, you are prepared to maneuver or make alterations to your plan as need be.

Risk #4: Getting Your Due

Depending on your circumstance, you may expect to receive income from an employer-sponsored retirement plan or pension as well as Social Security and your personal savings. You may even be lucky enough to get retirement health coverage through your former employer. All of these components play into your overall retirement strategy. But, if one or more of these factors are reduced or disappear entirely, do you have a contingency plan?

If Your Pension is Discontinued

It's a frightening predicament in which too many Americans have wound up. Though you should, by all means take advantage of all these benefits if available to you, you should also make sure you don't put all your eggs in one basket, just in case. Remember, diversification decreases risk.

If the worst should happen and your company claims bankruptcy or defaults on pension payments, the Pension Benefit Guaranty Corporation (PBGC) is an organization that picks up the tab for programs insured through them. Recipients may receive a reduced amount, but at least they receive something. To find out if your pension is insured through PBGC, go online to <www.pbgc.gov> or call (800) 400-7242.

If Your Health Insurance is Discontinued

Fewer and fewer companies are offering health insurance to their retirees. Thankfully, Americans qualify for Medicare once they turn 65. If you find there will be a gap between when your employer-sponsored insurance ends and your Medicare

begins, you can investigate COBRA options through your company's plan, or you might consider buying a high-deductible (also called "catastrophic") plan to get you through.

Though Medicare does well as the country's largest insurance program, it does not cover everything associated with medical care. There are some out of pocket costs, especially for vision, dental and podiatric care. Further, Medicare does not cover long-term care unless directly associated with a hospital stay; even then it only covers the first 3 months of care. To learn more about what is and is not covered through Medicare, visit www.medicare.gov.

Long-Term Care

As we age, the likelihood of needing some form of assistance increases. Unfortunately, the cost of long-term care is extremely high and could quickly erode retirement savings if you or your spouse should need prolonged help performing the activities of daily living.

There are two ways individuals can protect themselves: long-term care insurance and living care riders.

Long-term care insurance policies are stand-alone insurance contracts that will, in accordance with policy specifications, pay for qualified long-term care costs if such care is ever needed. These policies can be expensive, and if the owner never needs care, the premium payments will have been spent for naught.

A living care rider works a bit differently. Unlike stand-alone policies that require years' worth of premiums, some insurers now offer a living care rider which can attach to qualified permanent life insurance contracts for a fee. This rider can accelerate the permanent policy's death benefit, if necessary, to pay for the costs associated with long term care. If, on the other hand, long term care is never required, the per-

manent policy remains as is, and no additional premiums have been wasted.

For specific information about long-term care costs and the types of insurance products available, contact your financial professional.

Social Security

Though there has been much discussion about Social Security and its future, analysts seem to think cuts to the program will impact generations to come more so than today's pre-retirees. If benefit reductions are ever required at all, they will be phased in over time. People who are already retired or planning to retire in the near term should not be affected. For more information on Social Security benefits, visit www.ssa.gov.

Retirement is a new chapter in which you can explore options you never had the freedom or time for before. You've worked hard and kept your eye on the ball financially. Now, it's time to stare down those four key risks and make sure you're ready if they should ever present themselves.

For a thorough assessment of your retirement plan, contact your financial professional today.

AXA Advisors does not provide tax or legal advice. The information provided is based on a general understanding of the subject matter discussed and is for informational purposes only. Please consult your tax and/or legal advisors regarding your particular circumstances.

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SAVE THE DATE!

QCDS Presents

"Law & Regulation"

We have scheduled a program for the morning of JANUARY 17th which will address many aspects of the regulatory processes governing your dental practice including the Office of Professional Discipline and the Medicaid Program. We have commitments from both of these offices to provide speakers who will unravel many of the mysteries surrounding the disciplinary process as well as to discuss areas of interest regarding the Medicaid program. A similar program held at QCDS earlier this year was very well attended and many members who did not attend have asked for this program to be scheduled again.

We anticipate another full house therefore we encourage you to register as soon as possible. Full program details will be posted on the web site, www.qcds.org in the near future.

Looking Back

—Continued from page 5

Dr. Kathleen O'Loughlin, executive director, ADA; Dr. Rekha Gehani, member and past chair, New York State Board of Dentistry; Ms. Laura Leon, executive director, New York State Dental Foundation and Dr. Amarilis Jacobo, president, Dominican Dental Association, as part of the panel discussion. This event is geared to educate all dentists regarding women's oral health as well as encourage them to be good leaders of the profession, their practices, as well as their community.

With your good wishes and support, I have been selected to the ADA Institute for Diversity in Leadership, Class of 2010. I am sure that this course will help me better serve our society and our profession.

Now, before I hand over the torch to our incoming president, Dr. Ashok Dogra, I would like to thank my mentor, Dr. Chad Gehani, and his wife Dr. Rekha Gehani, for their continuous and tireless support and wish him much success as he begins his position as NYSDA president elect. I would also like to thank our executive director, William Bayer, our administrative staff, Guadalupe and Mercedes, the members of the Board of Trustees and all the volunteers who made my ride a very smooth one. To quote William Shakespeare, "I can no other answer make but, thanks, and thanks."

I wish Dr. Dogra the very best in his endeavors and offer my continuous support to all. Thank you for letting me serve as your president for 2009.

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Report Of The Nominating Committee

In accordance with QCDS Bylaws, the Nominating Committee met and considered all nominations that were received. The following Committee recommendations are made for 2010:

President: Ashok Dogra (per QCDS Bylaws, automatically ascends to the office)

President Elect: Mercedes Mota-Martinez

Vice-President: Beatriz Vallejo

Secretary: Doron Kalman

Treasurer: Bijan Anvar

Historian: Sudhakar Shetty

NYSDA Trustee

Joseph Caruso

ADA Delegates

Viren Jhaveri Jay Ledner Prabha Krishnan

Alternate Delegates

Mercedes Mota-Martinez* Beatriz Vallejo* Rekha Gehani

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B. Wasserman B. Anvar
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Alternate Delegates

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B. Vallejo * A. Dogra*
M. Mota-Martinez * S. Kesner
D. Kalman * S. Quarcoo

*(ex-officio)

ICDE

President: Sudhakar Shetty Vice President: Rekha Gehani Secretary/Treasurer: Stuart Kesner

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C. Berkman	C. Gehani	J. Ledner	R. Shpuntoff,
D. Bhagat	M. Greenberg	M. Mota-Martinez	C. Tischler
J. Caruso	E. Huang	A. Queen	B. Vallejo
A. Dogra	P. Krishnan	K. Serle	R. Yang

In accordance with QCDS Bylaws, any additional nominees for an elective office may only be made by written petition signed by 20 members in good standing and received by the executive director not later than ten days after the October 13th general membership meeting at which the report of the Nominating Committee is presented. No additional nominations, including nominations from the floor, shall be accepted for elective offices to be filled by a vote of the General Membership unless otherwise specifically provided in these Bylaws. Voting shall take place at the November 4th General Membership meeting.

QUEENS COUNTY DENTAL SOCIETY 2010 BALLOT

OFFICE	CANDIDATE	MARK 'X'	WRITE IN
President	Ashok Dogra	_____	_____
President-elect	Mercedes Mota- Martinez	_____	_____
Vice- Presidnt	Beatriz Vallejo	_____	_____
Secretary	Doron Kalman	_____	_____
Treasurer	Bijan Anvar	_____	_____
Historian	Sudhakar Shetty	_____	_____

Trustee:NYSDA
One year term
Joseph Caruso

Delegates to the ADA 2010 (vote for Three)

Viren Jhaveri
Jay Ledner
Prabha Krishnan

Board of Trustees- One year Term (Vote for up to 30)

C. Achury	_____	R. Garrett	_____	L. Lehman	_____	K. Serle	_____
C. Berkman	_____	R. Gehani	_____	K. Lewkowitz	_____	V. Shah	_____
D. Bhagat	_____	B. Goldenberg	_____	A. Lighter	_____	R. Sherman	_____
M. Bhuyan	_____	A. Greenberg	_____	R. Olan	_____	R. Shpuntoff	_____
J. Bindiger	_____	E. Huang	_____	S. Quarcoo	_____	D. Sidhu	_____
M. Gandhi	_____	S. Kesner	_____	A. Queen	_____	C. Tischler	_____
		P.Koppikar	_____	R. Samuels	_____	B. Wasserman	_____
		G. Lasoff	_____	I. Schwartz	_____	R. Yang	_____

WRITE IN

INSTITUTE FOR CONTINUING DENTAL EDUCATION 2010 BALLOT

OFFICE	CANDIDATE	MARK 'X'	WRITE IN
President	Sudhakar Shetty	_____	_____
Vice- President	Rekha Gehani	_____	_____
Secretary / Treas	Stuart Kesner	_____	_____

Members of the Dental Board of Directors
(vote for up to Sixteen)

C. Berkman
D. Bhagat
J. Caruso
A. Dogra
C. Gehani
M. Greenberg
E. Huang
P. Krishnan
J. Ledner
M. Mota-Martinez
A. Queen
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