

QCDS Receives Hallmark of Excellence Award At 2016 NYSDA House of Delegates Meeting



The Queens County Dental Society delegation accepted the Hallmark of Excellence Award for Education and Information at this year's NYSDA House of Delegates Meeting.

On the first day of the 2016 New York State Dental Association House of Delegates Meeting in June, the Queens County Dental Society was honored with the only "Hallmark of Excellence" award. This award was presented for the field of education and information. The last time QCDS received this award was in 2007. The award was given for the "Friends of QCDS" event held last year.

QCDS held its first ever "Friends of QCDS" event at Vivaldi's Restaurant on the evening of November 12. It presented an opportunity for the leaders of the various ethnic dental societies to get together and discuss issues and concerns they had over dinner and to see how the QCDS could better support the different societies in their missions.

Leaders and members of over a dozen different organiza-

tions were present, including the Puerto Rican Dental Association, Dominican Dental Association, Spanish American Medical Dental Society of New York, Dominican Medical Dental Association, Hispanic Dental Association New York Chapter, Hispanic Dental Association, Indian Dental Association, Bangladesh Dental Society, Chinese American Dental Association, National Arab American Dental Association, Greater Metropolitan New York Dental Society, Russian American Dental Association, and the Tzu Chi International Medical Association in New York. Nearly 50 people were in attendance.

The leaders of the various groups were able to introduce their societies to the attendees. This was a great opportunity to discuss what works and doesn't work in supporting all of our

—Continued on page 10

Dr. Fialkoff Joins Pierre Fauchard Academy At This Year's NYSDA House of Delegates

Longtime Queens County Dental Society member, Dr. Bernard Fialkoff was inducted into the Pierre Fauchard Academy at the NYSDA 2016 House of Delegates meeting in Brooklyn. Dr. Fialkoff was born in Havana, Cuba, and graduated from the State University of New York at Stony Brook in 1980 with the Alpha Omega and OKU Academic Awards as class valedictorian. He received his periodontal and dental implant post-graduate specialty at the Memphis Veterans Administration Hospital

and University of Tennessee Dental School in 1982 and subsequently established his practice in Bayside. Dr. Fialkoff is director of the Implant Certainty Training Program / Fialkoff Study Club and a featured lecturer at the Annual Spanish American Medical Congress / Queens Academy of General Dentistry / Stony Brook Dental School / Puerto Rico Dental Association / GNYDM and GLIDM / CONAOD International Dental Congress / Coney Island Hospital.

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Dr. Fialkoff is the newest inductee of the Pierre Fauchard Academy.

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From the President

emhdds@gmail.com

Meeting the QCDS Goals

By Eric Huang, D.D.S.

Time flies. It is a hot summer once again. One half of my term as the president of QCDS has been completed. During the past half year it has been my great pleasure to work with everyone in this big and always warm family. It is said, "one's effort will pay off." QCDS is moving forward in achieving its mission through the efforts of all of our Board members.

QCDS has conducted a number of programs to benefit the community, as well as our members. Thanks to the membership, the outreach programs have been very successful. Many children in the community have benefited from the programs and have been seeking treatment immediately after the screenings.

Continuing Education is one of the remarkable programs offered by QCDS, enabling our members to enhance their

knowledge about the professionalism. Member benefits are the key to success at QCDS. We offer tangible benefits which many members have taken advantage of through our events and programs, such as the World's Fair of Dentistry, CE courses, certifications, and discounts on tickets.

I am excited to announce that our fourth annual World's Fair of Dentistry event is scheduled for September. We will offer CE courses and credits, which will cover varied exciting topics. This is also a good opportunity to meet with other dentists and professionals in the community. I strongly urge all of our members to sign up for this exciting event and spread the word to non-members.

I hope everyone has a great summer! Enjoy the beach!

We are making our community stronger by sponsoring more outreach programs.

QCDS Continuing Education Awards

Congratulations to the following Queens County Dental Society members for achieving their respective Continuing Education milestones.

2,500 HOURS					
Stephen Levine					
1,000 HOURS					
Steven Adlow		Scott Danoff		Bernard Fialkoff	
Al Gulum		Alan Queen			
500 HOURS					
Robert Bruno Paul Campo		Shashikant Dholakia Arthur Feigenbaum Douglas Garczynski		Eric Gelfand Lawrence Lehman Larry Rosenthal	
Stuart Shaffren Daljeet Sidhu Mary Sunderraj		Mitchell Teitel Frank Valdinoto Peter Won		Mersim Ziljkic Lawrence Zwany	
300 HOURS					
Garry Alexon Boris Arbitman Jonathan Biderman Ralph Braunschweig		Doina Coman Clifford Degel Eric Huang Charles Jackson		Howard Klein Joanna Kowalewski Christina Liu Cezar Mitrut	
Yuriy Nektalov Renee Reich Richard Seaman Vinod Sharma		George Spyropoulos Chung Yun			
100 HOURS					
Ji-Yeon Chung Luisa Costelloe		Ashokkumar Dave Daniel Gattegno		Mohammad Haque Marianna Knop	
Nina Laracuenta Cynthia Leung		Alevtina Malakova Gary Minkowitz			

(As of July 1, 2016)

SAVE THE DATE!



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September 24 & 25, 2016

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Deadlines for manuscripts is six weeks prior to the date of publication. For example, the deadline for March/April issue is January 10th. All Submissions must be typed as a word document and emailed to QCDSBulletin@gmail.com.

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From The Executive Director

ed@qcde.org



QCDS Updates

By Oleg Rabinovich

We have had a very busy 2016 so far.

We won the Hallmark of Excellence Award for the first time since 2007.

We have a brand new qcde.org website. It is beautiful, usable and informative. It even looks great on your mobile device. You can now register for every course we offer online. This new website has made QCDS available to you 24/7. Please take a look at it and if you have any ideas to continue making it better, please let us know.

We have updated worldsfairofdentistry.com with information on the 2016 event. You can now register for the event right on the website.

As of 2016, our offices have gone mostly paper-free. We hope that by doing so, we can be better organized to serve our members and we can save a few trees, too.

I am sure by now that many of you have seen our brand new mass email system using the MailChimp program. This has allowed us to significantly improve the quality of our emails and allows us to confirm that our

members are actually getting our communications. To insure that our new email system is effective, please notify us right away if you will be changing your email address.

We are changing our future CE surveys from paper to computer. CE attendees will now be emailed their surveys using the Survey Monkey application. This will allow us to collate and analyze attendee views and opinions at a much more advanced level so our future CE courses will reflect our members' wishes.

We have added a QCDS twitter feed. We have added a QCDS LinkedIn page. We have added a QCDS Flickr account that has over 2,600 photos. We have added to our QCDS Facebook page. You can find the links to all of our social media accounts in any of our emails or on qcde.org

Follow all of our Social Media accounts to stay up to date with all that is going on at the Queens County Dental Society.

I am looking forward to a wonderful second half of 2016 and I hope you are having a wonderful summer.

“
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our Social Media
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up to date with all
that is going on...
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QCDS Volunteers Screen More Than 200 Students At PS19 Marino Jeantet Elementary School, Corona



Drs. Ajmera and Santana, getting ready to examine students at PS 19 in Corona.

Volunteer dentists from the Queens County Dental Society provided free oral exams and education on oral hygiene to more than 200 children at PS 19, The Marino Jeantet School, in Corona at the screening last April.

Doctors Elizabeth Gharemani-Sio, Mercedes Mota-Martinez, Arellys Santana, Eric Huang, Hanette Gomez, Hemali Ajmera and Kenneth Capasso were present to attend to the children.

QCDS partnered with Colgate for this event. Colgate provided the Bright Smiles, Bright Futures Colgate Van on which the children were screened.

Children received free oral screenings, oral hygiene instructions and oral hygiene kits and those who were in need of further dental treatment were asked to return to their dentists for a follow-up.

This event was part of the National "Give Kids A Smile" program, a national endeavor by the American Dental Association designed to provide an opportunity for dentists

across the country to join with others in their community to provide dental services to underserved children.

QCDS members interested in volunteering for future dental screening events should call the QCDS office, (718) 454-8344.



The QCDS volunteer doctors with children they examined.

QCDS Event at the Village Club of Sands Point

Drs. Daniel Pompa and Arthur Volker presented a QCDS CE event for the first time at the Village Club of Sands Point recently. The doctors lectured on "Updates in Implantology 2016: A Unique Perspective from the Surgeon, General Dentist and Patients Point of View.

The lecture took place in the Mansion at the Village Club and included a gourmet Sunday brunch. The nearly 50 attendees raved about the lecture and the location and asked if future QCDS CE events could be held there, too.



Dr. Volker, QCDS Executive Director Oleg Rabinovich, and Drs. Dan Pompa, Eric Huang, and Adam Lighter greeted attendees at the CE presentation



Almost 50 dentists attended the discussion on implantology in Sands Point.

Queens County Dental Society

Invites All Dentists To Join Us For

The 2016 World's Fair of Dentistry

Saturday, September 24 & Sunday, September 25
8 A.M. to 5 P.M.

Terrace on the Park

52-11 111th St., Corona, NY

Please RSVP to QCDS at 718-454-8344

or at www.worldsfairofdentistry.com by September 1st

Earn up to 18 CE Credits for the modest fee of \$120 for one day or \$180 for both days, with breakfast and lunch included.

Saturday, September 24

8:00 A.M. - 8:30 A.M.
8:30 A.M. - 8:45 A.M.
8:45 A.M. - 11:15 A.M.

Registration and Continental Breakfast
Welcome from QCDS President
Lecture: Dr. Galip Gurel. "The Communication & Workflow for the Personalized Smile Design"

11:15 A.M. - 1:00 P.M.

Lecture: Ronit Kalman "Rushing Dentist Syndrome: The Impact of a Never-Ending Patient List on Your Health and Your Waist"
Buffet Luncheon & Lecture: John Nadeau "Treating Snoring and Sleep Apnea in the Dental Office"

1:00 P.M. - 2:00 P.M.

Lecture: Dr. Daniel Pompa "The Top 10 List for the Essential Drugs in an Emergency Kit"

2:00 P.M. - 5:00 P.M.

Sunday, September 25

8:00 A.M. - 8:30 A.M.
8:30 A.M. - 8:45 A.M.
8:45 A.M. - 11:15 A.M.
11:15 A.M. - 1:00 P.M.

Registration and Continental Breakfast
Welcome from World's Fair of Dentistry Chairman
Lecture: Dr. James Kouzoukian "Digital Oral Imaging-Beyond Radiography"
Lecture: Dr. Daniel Block "Dental Ceramic Restorations: From Prep to Insert, a Technological Comprehensive Approach"
Buffet Luncheon & Lecture: Dr. Bijan Anvar "Data Protection for Dentists"
Lecture: Drs. Edward Goziker & Joseph Bruckner "Efficient and Effective Endodontics"

1:00 P.M. - 2:00 P.M.

2:00 P.M. - 5:00 P.M.

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Pemphigus and Pemphigoid: Role Dentists Play in Detecting Autoimmune Diseases

Pemphigus and pemphigoid are rare, autoimmune blistering diseases that affect a very small percentage of the population.

The average patient with P/P sees five doctors over ten months in search of a diagnosis for their condition. Delays in diagnosis and appropriate treatment can lead to a number of complications, including significant functional impairment, resistance to treatment, psychological stress, and a lower likelihood of achieving remission.

The majority of P/P patients present with oral symptoms before the onset of skin lesions. Because of this, dentists have a unique opportunity to help shorten diagnosis times by identifying signs and symptoms when they are first encountered.

Pemphigus vulgaris and mucous membrane pemphigoid are two forms of P/P with increased presentation in the mouth. Oral lesions of PV/MMP are often initially misdiagnosed as allergies to dental products, foods or environmental agents or "non-specific gingivitis," further delaying diagnosis (a biopsy) and appropriate treatment.

A catchall clinical descriptor often used in dental practice is "desquamative gingivitis." This describes a chronic type of gingival inflammation in which the epithelium detaches, leaving exposed ulcers. Desquamative gingivitis can be caused by several diseases that affect the oral cavity, so the practitioner needs to obtain a definitive diagnosis.

Consider a diagnosis of P/P when a patient presents with a combination of:

- Multiple ulcerated or erythematous oral lesions that don't resolve in 7-10 days
- Lesions outside the mouth, including those on other mucosal surfaces and the skin
- Lesions that develop following minor trauma (Nikolsky sign), such as gentle lateral pressure, which weakens the adhesion between epithelial cells and the underlying connective tissues.

Care and Maintenance

PV/MMP patients require special care during dental appointments to manage sensitive areas of the mouth and prevent further lesions from forming. Oral lesions can be very painful for patients, making it difficult to brush teeth and maintain proper hygiene. Consequently, patients may experience increased incidence of dental caries and periodontal disease. Dental prophylaxis should be performed on a regular basis, even when lesions are present. Good oral hygiene is very important to positive treatment outcomes.

Care and maintenance tips for dental professionals:

- Do a complete oral mucosal examination. Evaluate for any abnormalities, including secondary complications of PV/MMP treatment, such as candidiasis.
- Be gentle during maintenance appointments.
- Schedule more frequent appointments to control plaque buildup.
- Consider scheduling extra time and using local anesthesia, as patients may experience pain and bleeding during dental treatment.

“
...dentists have a unique opportunity to help shorten diagnosis times...
”

- Use simple hand scaling instruments to increase control and minimize trauma to the oral tissues.
- Polish teeth with a non-abrasive toothpaste, avoiding harsh abrasives and air polishers, as particles may become embedded in the ulcerated tissue and set off a foreign body reaction.
- Avoid alcohol-based mouth rinses.

Oral hygiene instructions for home care should be tailored to the level of mucosal involvement. When significant oral disease is present, gentle home care—including extra-soft toothbrushes, mildly flavored toothpastes, and mild mouth rinses—may

be all the patient can tolerate. Some patients may not be able to floss due to bleeding and pain, so soft interdental brushes may be recommended instead.

If patients are on a soft diet due to the presence of oral ulceration and pain, suggest intake of nutritious, non-cariogenic options such as vegetable soups, fruit smoothies, etc.

The International Pemphigus and Pemphigoid Foundation is the world's leading organization dedicated to improving the quality of life for all people affected by pemphigus and pemphigoid. More information can be obtained by visiting the IPPF Awareness Campaign website at www.pemphigus.org/awareness or by contacting awareness@pemphigus.org

Be sure to check the QCDS website for the latest Society events and news:
www.qcds.org

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members. Many of the different groups had never worked or event met with each other before the meeting. There were many discussions on working together on future volunteer initiatives as well as professional endeavors. One of those was the Tzu Chi International Medical Association in New York, which made a video and PowerPoint presentation discussing

their worldwide volunteer efforts and how they would like to team-up with other organizations to promote dental care to those in need.

The beginning began with the different groups sitting apart from each other, but by the end of the evening all in attendance were mingling and discussing future plans and events. At the conclusion of the evening there were multiple requests to

make this an annual event, as the attendees wanted to continue with the progress that had been made at this first meeting. In February 2016, volunteer dentists from QCDS teamed up with members of the Tzu Chi International Medical Association in New York to conduct a free dental screening for more than 300 children at PS 201 in Pomonok. Thanks to this partnership, New York 1 News named the Queens

County Dental Society volunteers its “Queens People of the Week.” The New York 1 news segment can be seen at www.ny1.com/nyc/allboroughs/news/2016/02/26/queens-people-of-the-week-brighten-smiles.html

There are also ongoing plans to work on future projects with the other Ethnic Societies, as well.

The event was made possible through a grant from the ADA.



The QCDS delegates at the New York State Dental Foundation luncheon with Dr. Nifin Ron.



Dr. Hemali Ajmera addressed the NYSDA meeting.



Dr. Viren Jhaveri receives a Service Award from past-NYSDA President Dr. John Liang.



NYSDA Trustee Dr. Prabha Krishnan



QCDS President Dr. Eric Huang, speaking at the House of Delegates meeting.



ADA trustee Dr. Chad Gehani, left, presented outgoing NYSDA President Dr. David Miller with an award.



Former QCDS President Dr. Bijan Anvar and Dr. Maria Maranga attended the meetings.



Newly installed 2016-17 NYSDA officers, left to right, Treasurer Dr. Mark J. Weinberger, Speaker of the House Dr. Steven Gounardes, Vice-President Dr. Brendan P. Dowd, President-elect Dr. Lawrence J. Busino and President Dr. Richard Andolina.

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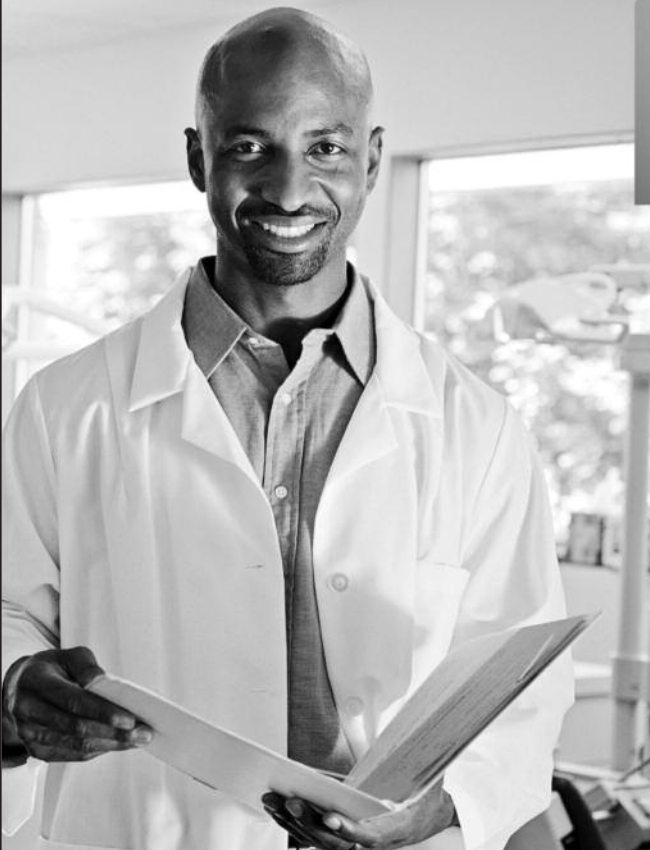
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INplant Surgical Mentorship Program 32 C.E. Credits

The INplant Surgical Mentorship Program was designed to give the general practitioner the knowledge, skill and confidence to successfully integrate implant surgery into their practice. The didactic portion gives the practitioner the necessary biological basis for predictable clinical outcomes. The hands-on training develops proficiency in the surgical procedures. But the chair side mentorship is what gives the confidence necessary to actualize the skills gained into everyday practice.

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Looking at the plethora of implant courses available, most courses have you leave your practice for a number of days, sit through lectures, practice on plastic jaws, and go home. Others have you travel to third world countries and place 20 implants on patients with minimal to no planning. Returning from these courses, many colleagues have told us that they still lack the knowledge and confidence to start planning and placing implants in their practice the following Monday morning.

Return On Investment

This system has had great success imparting the knowledge necessary, with the critical one-on-one guidance, to successfully integrate implant surgery into their practice. In order to facilitate this, we include 5 implants placed together in your office over 2 sessions in the course fee. The fees for these implants placed and restored in your office give a built in ROI.

Course Schedule:

Day 1

Morning session - Interactive Lecture

- Biological basis of oral wound healing
- Principles of atraumatic extraction
- Socket preservation

Afternoon session

- Bone graft materials and membranes
- Guided Bone Regeneration
- Introduction to CBCT

Day 2

Morning session - Interactive lecture

- Introduction to Osseointegration
- History of Dental Implants
- Implant mechanics
- Treatment planning

Afternoon session - Hands-on workshop

- Use of proximators in atraumatic extraction
- Use of bone graft materials in socket preservation
- Use of collagen membrane in Guided Bone Regeneration
- Suture selection and techniques

Day 3

Morning session - Interactive lecture

- CBCT principles
- Radiation safety
- Review of head and neck anatomy
- Interpretation of CBCT scans

Afternoon session - Hands on workshop (Bring laptop if possible)

- Mapping of critical anatomy
- Use of CBCT software
- Merge prosthetic plan with CBCT
- Prosthetically driven implant treatment planning
- Plan your upcoming cases

Day 4

Hands on laboratory (AM)

- Set up motor, handpiece, surgical kits
- Implant placement on models and canine jaws

Afternoon session

- Q & A session
- Closing remarks

Day 5 and 6 - One on One IN office training

- Place 5 implants in your office on your patients
- IN office implant marketing strategies with your staff
- Dental assistant training in surgical assisting and sterilizations techniques

Instructor: Dr. Robert Mikhli

Tuition: ADA Members/staff: \$6,500/200

Non-ADA Members/staff: \$8,500/300

(Fee covers all four live courses and the two in-office training sessions) Breakfast and lunch served. Pre-registration is required. Call (718) 454-8344 to register. A \$15 late fee will be assigned to those who pay and/or register on the day of the event.

Location: QCDS Headquarters, 86-90 188th Street, Jamaica

Friday, August 12 9:00 a.m.

CPR Certification 4 C.E. Credits

Topic: Basic Cardiac Life Support

This course will cover 1 and 2 rescuer CPR, Heimlich maneuver, child CPR and AED. The ability to recognize the signals of a heart attack and provide stabilization of the victim at the scene of a cardiac arrest is a priceless commodity. Life over death may someday become a reality to someone you know. Be prepared to help save a life!

Pre-registration is required. Call (718) 454-8344 to register. Class begins promptly at 9:00 p.m.

Instructor: Eric Zalewski, BLS Instructor

Tuition: ADA member/staff: \$105 Non-ADA member: \$260

A \$15 late fee will be assigned to all those who pay and/or register on the day of the event. A light breakfast will be included.

Friday, August 12 1:00 p.m.

Practice Using Emergency Drugs 2 C.E. Credits

After attending a lecture on medical emergencies, you feel like you're ready to handle whatever comes your way. Or are you? Knowing what medications to have in your emergency drug kit is very different than knowing how to administer them. How many medications in your kit have you stared at and said, "I hope I never have to use this?" This two-hour class reviews the indications, contraindications, side effects and pharmacokinetics of the medications that must be in your drug kit.

The hands-on portion will give you practice in dosing for adults and children, drawing medication from an ampule and vial, and administering intramuscular injections. You will also learn how to save hundreds of dollars every year in medications just by being able to perform these skills.

Instructor: Eric Zalewski, BLS Instructor

Tuition: ADA member/staff: \$50 Non-ADA member: \$100

A \$15 late fee will be assigned to all those who pay and/or register on the day of the event. A light breakfast will be included.

Friday, September 16 9:30 a.m.

Video Study Club - Onlays Vs. Crowns 2 C.E. Credits

What part of a posterior tooth is usually the most destroyed by caries? Of course, the MOD portion. What part do you cut away for a crown? The facial and lingual portion. Does this make any sense? Let's do onlays that leave the facial and lingual tooth structure intact! The materials for tooth-colored onlays are now excellent! Lithium disilicate (IPS e.Max) and others now dominate the onlay concept. These are now well proven, strong, and unbelievably esthetic materials. They can be easier to accomplish than crowns and their esthetic qualities can last longer than crowns. Large class II resins are not lasting long, but onlays do last a long time, and third parties will now share on costs!

The following topics are included in this presentation:

- Making onlay tooth preparations easy and predictable
 - Supragingival vs. subgingival margins
 - Obtaining optimum retention for onlays
 - Bases and liners
 - Laboratory made or in-office CAD/CAM?
 - Desensitizing tooth preparations
 - Cementation and finishing onlays
 - Repair and follow-up for onlays
 - Practice management concepts—why a patient should want onlays
- The live demonstrations of onlays in this presentation will make you want to do more of them.

Instructor: Dr. Al A. Gulum

Pre-registration is required. Call (718) 454-8344 to register. A \$15 late fee will be assigned to all who pay and/or register on the day of the event. A light breakfast will be included.

Tuition: Free for QCDS members. Non-QCDS members (one time): \$100. Non_QCDS members (VSC annual pass): \$350

Thursday, September 29 6:00 p.m.

Infection Control 4 C.E. Credits

In the past this course has had an overwhelming positive response from those clinicians and their staff who want to stay informed about the latest infection control recommendations and do so through the eyes and thoughts of a speaker/clinician who understands the nature and demand of the everyday dental practice. Bring your entire staff and satisfy OSHA's annual staff training requirements. Learn what's new in infection control techniques and what is needed to comply with appropriate infection control guidelines. Course qualifies for relicensure.

Pre-registration is required. Call (718) 454-8344 to register. A \$15 late fee will be assigned to all those whose pay and/or register on the day of the event. Dinner included. Class begins promptly at 6:00 p.m.

Instructor: Safety Compliance Services

Tuition: ADA member/staff: \$90 Non-ADA member: \$260

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JULY 13 7:00 -10:00 p.m.

Topic: "Will Digital Dentistry Help My Practice"

Speaker: Isaac Hakimi

Location: 47-10 Bell Blvd., Bayside

AUG 10 7:00 -10:00 p.m.

Topic: "A New Non-Invasive and Predictable Treatment Protocol for Chronic Headache and TMJ Pain"

Speaker: Dr. Gary Ganz

Location: 47-10 Bell Blvd., Bayside

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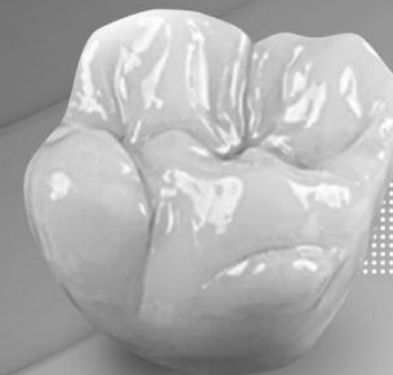


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Dr. Bernard Fialkoff Joins the Pierre Fauchard Academy at the 2016 NYSDA House of Delegates

—Continued from page 1

He founded and sponsors the Foundation for a Drug Free World Americas Youth Education program / Directed two US-Cuba Dental Humanitarian Trips and Sponsored the "Set a Good Example" program for New York City youth.

The Pierre Fauchard Academy is an International Honor Dental Organization. It promotes the elevation of the standards and practices of the art and science of dentistry worldwide. Its purpose is to educate dental professionals with the latest techniques and foster a sharing of ideas to improve the practice of dentistry. QCDS congratulates him on his induction. We are all incredibly proud of his many years of work supporting dentistry in Queens.

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If you have not yet renewed your membership, please do so as soon as possible.

You will no longer be receiving communications from the ADA, NYSDA, or QCDS unless you renew for 2016.

Please don't let your membership lapse!

Call the QCDS Executive Director at 718-454-8344 if you are experiencing temporary financial difficulties to explore possible options.



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