

PUBLISHED BY AND FOR THE DENTISTS OF QUEENS COUNTY

Volume 57 Number 5

September/October 2015

# QCDS Shows Appreciation for Life Members At Its First 'Life Member Appreciation Night'



QCDS toasted Life Members at its first "Appreciations Night" recently.

QCDS held its first ever Life Member Appreciation Night on June 18th to the delight of all in attendance. More than 70 people, including QCDS Board members, active Life Members, retired Life Members, and their guests crowded the QCDS headquarters for the event.

Dr. Sudhakar Shetty, QCDS president and active Life Member said: "This was a wonderful event.. What a wonderful opportunity for us to show our appreciation to our Life Members for their commitment to organized dentistry."

QCDS Immediate Past-President Dr. Bijan Anvar came up with the concept for the evening. Dr. Hemali Ajmera, QCDS member and New Dentist Committee Chair, helped coordinate the event. She worked hard to organize a casino themed night, including roulette, blackjack and craps. Attendees of the event mingled, munched on the catered food, listened to music, and gambled the night away for raffle prizes, which included wine and a multitude of gift cards.

Near the conclusion of the evening, the attendees gathered in the dining room where the Life Members were thanked for their dedication to organized dentistry. Dr. Chad Gehani, ADA Trustee, thanked the Life Members and urged them to "continue to stay involved with organized dentistry as their lifetime of experience is integral to the future of the profession. Dr. Shetty urged the members to "continue their work by mentoring the next generation of —*Continued on page 13* 

# House of Delegates Holds Annual Meeting

NYSDA's House of Delegates 2015 meeting convened at the Turning Stone Resort in Verona, New York marking the conclusion of Dr. John Liang's term as president. At the conclusion of the meeting, Dr. David Miller assumed the presidency.

Dr. Jay Ledner, chair of the Standing Committee on Credentials, Rules and Order opened the first meeting on Friday, June 12. Afterwards, various reports and resolutions were discussed and refined at Reference Committees, which heard testimony for or against proposed actions, with the chair of the Reference Committees presenting their recommendations to the delegates at the Saturday session.

Prior to the beginning of the Satur-



Meet the newly inducted NYSDA officers: Drs. David Miller, Richard Andolina, Lawrence Busino, Steven Gounardes and Mark Weinberger.

day session of the House, each of the 13 components met in caucus meetings beginning at 8 a.m. to discuss items before the House, so that each delegate had an understanding of the issues and its con-*—Continued on page 10* 

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REMINDERS



From the President drshettydds@gmail.com

# **Volunteerism in Dentistry**

By Sudhakar Shetty, D.D.S.

Dentistry is a demanding profession that allows little time for much else. Yet dentists have made time for volunteering, be it in their local schools and community centers or in crises stricken regions of the world.

In the past, volunteer experience did not feature in a den-

tist's portfolio. Even if people made time for an unpaid internship or volunteer for a cause close to their heart, their experience was not seen as something that led to a better job. While unpaid **Most employers** internships have helped recent graduates to gain advantage in strengthening their resume, it is not the case for mid-career skilled professional dentists. Their volunteer work was featured in a line at the very bottom of the resume, near hobbies. Fortunately however, more recently there has been a change. Most employers are looking at volunteer work in evaluating candidates for jobs. LinkedIn, the largest professional networking site, has now added a field for members to list their volunteer work in their profiles.

ties. Additionally, post your intentions on A survey conducted by LinkedIn found that 41 percent of Facebook and/or LinkedIn to get connected to an organizasurvey takers said that they considered volunteer work as imtion in your network. LinkedIn's For Good program, portant as paid work, and that 20 percent said they made a Catchafire or VolunteerMatch are some other sources to find hiring decision based on volunteer work. local opportunities and MovingWorlds.org to find interna-

The American Dental Association has provided ample optional skills-based volunteer projects. portunity for dentists to use their skills to provide dental serv-"In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the ices to those who cannot afford it. Programs such as Give Kids A Smile, Mission of Mercy, and Donated Dental Services propower to do it." – Marianne Williamson.





vide avenues for dentists to work in their local communities. while Health Volunteers Overseas and the ADA International Volunteer Website offer international volunteer projects.

During my recent vacation, I had the opportunity to serve at a residential center for the disabled in Hyderabad, India.

are looking at volunteer work in evaluating candidates for jobs.

This non profit organization housed 130 disabled children along with 30 seniors. The children are taught skills such as soap and candle making. A strong bond is created between the children and the elderly through the practice of shared recreation and mealtimes. I enlisted the help of a local dentist to volunteer along with me in not only conducting oral screenings and teaching proper oral hygiene, but also in directing people to valuable resources for free dental work. This experience made my vacation time meaningful and fulfilling.

So, how can you get started volunteering? It's simple! Visit the American Dental Association website and look for volunteer opportuni-



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The Bulletin is published six times a year, bimonthly. It is the official publication of the Queens County Dental Society. Neither the Society nor the Bulletin assumes responsibility for the oints of view or opinions of its contributions

Deadlines for manuscripts is six weeks prior to the date of publication. For example, the deadline for March/April issue is January 10th. All Submissions must be typed as a word docment and emailed to QCDSBulletin@gmail.com.

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Subscription is included in the annual membership dues of the Queens County Dental Society. The Subscription rate for on-members is \$30 per year, or \$5 per issue

The QCDS Board of Trustees meets on the third Tuesday of each month (Except July and August) at QCDS Headquarters. For information about the Society, Call OCDS at (718) 454-8344.



**Queens County Dental Society** 

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**ADA Trustee Report** cgehani@gmail.com

# The Board of Trustees Meeting

By Chad Gehani, D.D.S.

We had a very productive meeting of the Board of Trustees. We started on Sunday morning by having conversations with the New Dentist Committee. The NDC is key to our ability to understand the wants and needs of new dentists, generally. The NDC provided us with a series of insightful case studies that offered this perspective to us in a useful way. Jobs, electronic communications (e.g., ADA.org), student debt, monthly dues processing, job boards and career and business guidance were some of the key themes from our time with the NDC.

We then turned our collective focus on how the NDC and Board members work together to make a difference on our common goals. This was also a focus of our small group dinners on Saturday. Among the ideas generated were to take the idea of a simplified application and dues payment process back to our states; address the licensure portability issue; better communications among the NDC member,

trustee and state leadership; support membership by Group Practice Dentists; the "Easy Button;" and to make the membership dues value measurable in dollars and cents. Thanks to the NDC for this important opportunity to meet and collaborate my special thanks to our own Dr. Kendra Zapia for giving me so many new ideas.

Our main item of business at this meeting was completing work on the budget submission to the House of Delegates. I am especially pleased that we were able to propose a budget with a zero dues increase again while still investing in our priorities for the next year. The deficit in our budget will be funded through our anticipated 2015 surplus and, if necessary, ADA reserves, which at 59 percent remain above our target level of 50 percent of annual budgeted expenses.

We began our work on matters going to the House of Delegates. As part of this work, we have taken the first steps to tackling the issue of added sugar consumption by presenting a proposal on this to the House.

We forwarded to the House our nominations for our councils, committees and commissions. Congratulations to Dr. Richard P. Herman (CAPIR), Dr. Lauro Saldana Medrano (Office of the Governmental Affairs) and Dr. William H. Karp (Council on Communications). I also wish to Congrat-

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ulate Dr. Maria Marenga and Dr. Richard F. Andolina. Both were elected to be Vice Chairs of Council on Membership and American Dental Political Action Committee.

"

We had a very productive meeting of the Board of Trustees.

After much work by CAPIR and its workgroup, we approved at this meeting five science-based statements as part of the Choosing Wisely Campaign. We also took the necessary steps to insure effective oversight of this campaign going forward.

Our Foundation is an important part of the work of the Association. The Volpe Research Center is the home within the Foundation for basic research. Because of important recent changes there, Gene Wurth and Dr. Thomas Hart, the new director of the research center, made a presentation to us on the important work being done there and plans for the future. We thank the Foundation and Dr. Hart for the important work being done for the future of the ADA and the profession.



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From The Executive Director ed@qcds.org

### NYSDA House of Delegates By Oleg Rabinovich

I recently attended the 2015 NYSDA House of Delegates. This was my second House of Delegates meeting. When I attended in 2014, I had just started as the QCDS executive di-

for the first time. This time I went in with a little more experience and knew what to expect. It was a truly wonderful experience. I had the pleasure of witnessing Dentists from all over the state coming together to focus on the issues that affect all dentists in New York. The delegates to the meeting took their job very seriously. They may not always have agreed on the issues, but they worked very hard on them and real results were achieved. I also had the opportunity to sit in for the first time on an Executive Director's Meeting during the House of Delegates. Though I had met many of the other executive directors before, this was my first opportunity to discuss the issues that affect us all. One of the main top-

ics of discussion during our meeting was member benefits. We need to show our members how their membership benefits not just the profession as a whole, but also how it benefits them on an individual basis. That is something that we discussed at length with NYSDA Executive Director Mark Feldman, who also attended the meeting. This meeting was also a great opportunity to learn what the other executive directors had learned in their years of experience. I definitely got some good ideas from this meeting that I would like to see implemented locally here at the Queens County Dental Society.

I also wanted to tell you how proud I am of the way our members step up. One of the resolutions at the House of Delegates was the creation of a Medicaid sub-committee. Each component was to nominate two members for this sub-committee. We sent out an e-blast asking for volunteers and right away we had many members volunteering their time and energy to participate in the work of this important sub-committee. That truly shows the quality of our members and their willingness to help their chosen profession.

> Be sure to check the OCDS website for the latest Society events and news: www.qcds.org

### World's Fair of Dentistry

The next major event we have is our World's Fair of Dentistry on September 26 and 27. It is shaping up to be our rector and felt pretty overwhelmed meeting all these people largest event ever. We are going to have over 50 sponsors,

The next major event we have is our World's Fair of Dentistry...

dozens and dozens of raffle items and it looks like we will have over 400 people in attendance each day. If you have not yet registered for it, please do so by calling us at 718-454-8344 or by going to worldsfairofdentistry.com and registering there. In two days you can earn 16 credits for only \$160. Take advantage of this opportunity. We are going to be hitting our seating capacity fairly soon, so register as soon as you can or you could get left out.

We are going to have a very busy fall after that, with lots of events going on. Please take a look at our calendar at qcds.org to see everything we have planned.

I hope everyone had a great summer.

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- 4. Ask for credit card numbers or debit card numbers over the phone.
- 5. Threaten to bring in law-enforcement to arrest you for not paying.

above taken from irs.gov website

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# Dr. Thomas Sullivan Chemical Dependency Grant Program

The New York State Dental Association, through its Chemical Dependency Committee, has aided hundreds of dentists whose professional careers, families and very lives are threatened by by alcohol and drug abuse. Estimates suggest that addictive illness affects between 10-20 percent of all dentists.

Beginning in 2009, the New York State Dental Foundation has been administering the Dr. Thomas Sullivan Chemical Dependency Grant Program, to provide financial assistance to chemically dependent individuals who require in-patient medical treatment. These grants are designed to assist in the payment of initial treatment costs associated with in-patient services.

We urge you to consider making a donation to the Dr. Thomas Sullivan Chemical Dependency Grant Program. Your tax deductible donation should be mailed to The New York State Dental Foundation, 20 Corporate Woods Boulevard, Suite 602, Albany, NY 12211, Attn: Sullivan Grant Program. All monies contributed to this account will be used solely for the purposes of assisting impaired dentists.

If you are concerned about yourself or a colleague, help is just a phone call away. The members of the Chemical Dependency Committee are there with non-punitive, confidential support. Contact the New York State Dental Association at 800-255-2100 ext. 251, or Dr. Sudhakar Shetty at 718-847-8023 or 516-669-1505. ALL CALLS WILL BE KEPT STRICTLY CONFIDENTIAL.

On Wednesday, November 18th from 7-9pm there will be a lecture on Pain Management Today: A Growing Problem at the QCDS Headquarters. A portion of the proceeds from this course will go to support the Thomas Sullivan Fund. Please call 718-454-8344 to register or for more information go to qcds.org.

### **QCDS Special Event**

# NYSDA House of Delegates Holds Annual Meeting, Dr. David Miller Becomes President

### *—Continued from page 1*

sequences. QCDS President Dr. Sudhakar Shetty, chaired the Queens caucus meeting, attended by the QCDS delegates as well as ADA Trustee Dr. Chad Gehani. The group met and discussed all of the resolutions and finished almost four hours later.

The second session of the House began promptly at 1 p.m. and was called to order by the Speaker, Dr. Robert Peskin. The three candidates for the position of ADA president made their presentations to start off the session. Resolutions were presented, amended, discussed, and ultimately voted upon by the 102 delegates, resulting in dispositions of the resolutions.

An evening dinner dance in honor of outgoing president Dr. Liang concluded a full day of activity.

Sunday began bright and early with delegates voting on the final issues at 8 a.m. leaving little rest for the weary.

The major outcomes of the three days of voting were:

• A vote not to lower the size of the House of Delegates to 60 from its current 102 members. The feeling seemed to be that most people did not want to decrease their membership representation.

• A vote to increase NYSDA dues by \$12 a year. There was testimony and discussion by several, including the NYSDA treasurer and executive director that the increase is needed to maintain the budget and not run at a deficit.

• A vote not to limit the location of future House of Delegates meetings to the Albany area. The delegates thought it was best to leave that decision to each year's president.

• A vote to create a special sub-committee to review Medicaid issues.

• A vote to recommend that executive directors sit with alternate delegates at the annual ADA conference, not in the guest section.

• A vote to add a student member to the Council on Ethics. • A vote that the Board of Trustees of the New York State Dental Association be authorized to seek legislation to amend the

"PGY1" statute to allow for initial licensure in New York upon the successful completion of a Curriculum Integrated Format exam and one year of a CODA-approved post graduate program. • A vote to update the NYSDA Risk Management course.

• Dr. Steven Gounardes was elected as the 2016 Speaker of the NYSDA House of Delegates.

The Sunday session concluded with an award being presented to Dr. Joseph Caruso, whose terms as NYSDA trustee had concluded. Dr. Prabha Krishnan was sworn in as the new NYSDA Trustee to serve her 4 year term.

The following QCDS members were appointed to NYSDA Councils: Dr. Prabhakar Koppikar, Council on Dental Practice; Dr. Mitchell Greenberg, Council on Ethics; Dr. Joseph Caruso, Council on Governmental Affairs; and Dr. Robert Shpuntoff, Council on Nominations.

The following QCDS Members who have retired from their NYSDA Council were acknowledged with appreciation for their service: Dr. Bijan Anvar, Council on Dental Practice; and Dr. Prabha Krishnan, Council on Governmental Affairs. They are both recognized as leaders and contributors in the dental society, and were honored by the acknowledgement. Speaking after the meeting, they both were grateful for the opportunity and thanked QCDS as well as their fellow Council members.

The NYSDA officers installed and assuming their positions immediately are: President Dr. David Miller, President-Elect Dr. Richard Andolina, Vice President Dr. Lawrence Busino, and Treasurer Dr. Mark Weinberger.

Dr. Chad Gehani, ADA Trustee of the Second District, was present at all the events. The elected delegates representing QCDS at the annual meeting were Drs. Viren Jhaveri, Prabha Krishnan, Jay Ledner, Bijan Anvar, Burton Wasserman, Robert Shpuntoff, Beatriz Vallejo, and Rekha Gehani. They were joined by QCDS Executive Director Oleg Rabinovich. Alternate delegate Dr. Sudhakar Shetty also attended.





Dr. Prabha Krishnan being sworn in as a Trustee

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HEALTH REPUBLIC

# **QCDS Shows Appreciation for Life Members** At Its First 'Life Member Appreciation Night'

-Continued from page 1 dentists."

Attendees were presented with certificates of appreciation from QCDS in grateful recognition of their many years of dedication to organized dentistry.





and practices of the art and science of work supporting dentistry in Queens."



catching up with friends. At the conclusion of the event, Dr. Beatriz Vallejo, an active Life Member and former past president stated: "What a great evening. I truly hope the Queens County Dental Society can make this an annual event." A grant from the ADA helped make the evening possi-



Current Queens County Dental So- dentistry worldwide. Its purpose is to ciety Historian Dr. Prabhakar Kop- educate dental professionals with the pikar was inducted into the Pierre latest techniques and foster a sharing Fauchard Academy at the NYSDA of ideas to improve the practice of den-2015 House of Delegates meeting in tistry. "The Queens County Dental So-Verona, New York. The Pierre ciety congratulates Dr. Koppikar on Fauchard Academy is an International his induction" said QCDS President Honor Dental Organization. It pro- Dr. Sudhakar Shetty. "We are all inmotes the elevation of the standards credibly proud of his many years of

## Visit QCDS online at www.qcds.org

### **CE Courses**

## Pre-registration is required for all continuing education courses, except General Membership Meetings

### Sunday, Oct. 4

**CPR-** Certification

**Topic:** Basic Cardiac Life Support

Certification will cover 1 and 2 rescuer CPR, Heimlich maneuver, child CPR and AED. The ability to recognize the signals of a heart attack and provide stabilization of the victim at the scene of a cardiac arrest is a priceless commodity. Life over death may someday become a reality to someone you know or care for. Be prepared to help save a life.

Pre-registration is required. Call 718-454-8344 to register. Class begins promptly at 9:00 a.m.

Instructor: Eric Zalewski, BLS Instructor

**Tuition:** ADA member/staff: \$105 Non-ADA member: \$260 A \$15 late fee will be assigned to all those who pay and/or register on the day of the event. A light breakfast will be included.

### Tuesday, October 6

GENERAL MEMBERSHIP MEETING 2 C.E. Credits 7:00 P.M. "The Five Fatal Flaws In Exit Planning" Course Description:

Business owners have several challenges that they need to overcome to create a successful business. This business is not only their source of income, but often their largest asset. At some point in the future, when the business owner may eventually decide to quit the business, questions may arise:

Will he or she have adequate income to replace business income?Will the business wealth be translated into personal wealth?

This course will help business owners plan strategies today so they can maximize their income and wealth when they choose to step away from their business.

Speaker: Paresh Shah

#### 8:00 P.M. "Interdental Brushing, The New Standard of Care in Oral Hygiene"

#### **Course Description:**

How do patients maintain a healthy dentition? Current research indicates that our old standbys are no longer considered effective to maintain implants and protect them against peri-implantitis, maintain a post surgical result in periodontal treatment and effectively treat a non-surgical periodontal case. Our new standards and their dentolegal considerations will be discussed.

**Speaker:** Dr. Jim Kouzoukian Free admission to all members. Dinner included.

#### Friday, October 16

Video Study Club "Successful Fixed and2 C.E. Creditsand Removable Restorations for Dental Implant"

This video is the most concise and complete program you can find on the various aspects of implant prosthodontics. Observe many restorative techniques for frequently occurring clinical situations, ranging from single-tooth replacements to full-arch fixed-detachable prostheses and implant-supported overdentures. Be able to plan and produce the best implant prostheses for each situation. Gordon is one of the pioneers in root-form implant surgery and prosthodontics. Share his successes and failures with implant prostheses and incorporate the proven prosthodontic techniques into your practice. Implant prosthodontics can be difficult to understand; this video is directed toward the most simple, predictable, and successful prosthodontic procedures. **Instructor:** Dr. Al A. Gulum

**Tuition:** QCDS member: FREE Non-QCDS members: (one time) \$100 Non-QCDS members (VSC annual pass): \$350. \$15 late fee will be added for same day registration or payment. Pre-registration is required. Call 718-454-8344 to register. A light breakfast is included.

### Friday, October 30

9:00 a.m.

7:00 p.m.

9:30 a.m.

4 C.E. Credits

#### **Risk Management Course Objective:**

4 C.E. Credits

9:00 a.m.

The course objective is to provide licenses with knowledge of laws and regulations as well as methods to avoid or resolve patient conflicts. Risk Management courses serves the purpose of reviewing the basic legal requirements for office activity, introducing changes, as well as new aspects of the standard of care and discussing the ever-increasing restrictions and requirements placed on a dental practice by governmental and regulatory agencies. Risk Management is a dynamic concept and is always changing. This course, given by Dr. Treitel, whose vast experience in the world of malpractice litigation will provide the dentist with a recipe for office operation and patient treatment, and will minimize the opportunity for dentists to find themselves the object of litigation. **Topics covered will include:** 

The current status of the malpractice insurance marketplace • A review of the basics (i.e. recordkeeping, medical histories, legal responsibilities of practice, prophylactic medications, etc.) • An analysis of the types of cases currently being brought against dentists

•A review of techniques that can be used to assure good relationships with patients and address problems that might arise.

•A discussion of governmental and regulatory guidelines that have been placed on dental practices

•What is new or anticipated in new challenges facing the dental practitioner that will require changes in office procedures?

Participants who successfully complete this seminar will receive a certificate of completion and four CE credits with NYSDA Continuing Education

Instructor: Dr. Kenneth Treitel

**Tuition:** ADA member/Staff: \$135 Non-ADA member: \$260 Pre-registration is required. Call (718) 454-8344 to register. A \$15 late fee will be assigned to all those who pay and/or register on the day of the event. Includes breakfast.

### Study Clubs

### Dr. Fialkoff Study Club

### CONTACT DR. FIALKOFF (718) 229-3838

Oct 14 Topic:	7:00 -10:00 p.m. "Patient Management and Obtaining Case Acceptance"
Speaker: Location:	Dr. Bernard Fialkoff 47-10 Bell Blvd., Bayside
Nov 11 Topic:	7:00 -10:00 p.m. "Lateral Incisor Interdisciplinary Treatment Planning"
Speaker: Location:	Steven H. Langsam, D,M,D,, P.C 47-10 Bell Blvd., Bayside

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# Report Of The Nominating Committee

In accordance with QCDS Bylaws, the Committee met and considered all nominations that were received. The following Committee recommendations are made for 2016:

President: Ronald Garrett(per QCDS Bylaws, automatically assumes the office)

**President Elect: Eric Huang** 

**Vice-President: Richard Yang** 

Secretary: Craig Tischler

Treasurer: Prabhakar Koppikar

Historian: Arelys Santana

ADA Delegates Rekha Gehani Jay Ledner

> **Alternate Delegates** Viren Jhaveri

NYS Eric Huang	0		Beatriz Vallejo					
Prabhakar Koppi	kar Suc	dhakar Shetty	Richard Yang					
Alte	rnate Delegat	tes						
Bijan Anvar 🛛 🕔	/iren Jhaveri	Stephen Quarcoo						
Rekha Gehani	Jay Ledner	Robert Shpuntoff						
QCDS Board of Trustees								
	Eric Huang Prabhakar Koppi Alte Bijan Anvar N Rekha Gehani	Eric Huang Merced Prabhakar Koppikar Suc <b>Alternate Delegat</b> Bijan Anvar Viren Jhaveri Rekha Gehani Jay Ledner	Prabhakar Koppikar Sudhakar Shetty Alternate Delegates Bijan Anvar Viren Jhaveri Stephen Quarcoo Rekha Gehani Jay Ledner Robert Shpuntoff					

Q CD S DOULU OF HUBBERS							
Hemali Ajmera	Harold Biller	Chad Gehani	Naushir Lalani	Alan Queen			
Shazia Akhtar	Joseph Caruso	Hanette Gomez	Lawrence Lehman	Risa Samuels			
Charlene Berkman	Gina Cucchiara	Viren Jhaveri	Adam Lighter	Ira Schwartz			
Deepak Bhagat	Arthur Feigenbaum	Stuart Kesner	Robert Olan	Vinit Shah			
Mohammad Bhuyan	Milan Gandhi	James Kouzoukian	Stephen Quarcoo	Robert Shpuntoff			

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Mitchell Greenberg	James Kouzoukian	Oleg Rabinovich	
	Chad Gehani	Deepak Bhagat Eric Huang Chad Gehani Doron Kalman	Deepak Bhagat Eric Huang Jay Ledner Chad Gehani Doron Kalman Alan Queen

In accordance with our Bylaws, any additional nominees for an elective office may only be made by written petition signed by 20 members in good standing and received by the executive director not later than ten days after the October 6th General Membership Meeting at which the report of the Nominating Committee is presented. No additional nominations, including nominations from the floor, shall be accepted for elective offices to be filled by a vote of the General Membership unless otherwise specifically provided in these Bylaws. Voting shall take place at the November 3rd General Membership meeting.



# CLASSIFIEDS

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**Rockaway Dental Group,** Far Rockaway, Queens 11691 is looking for a motivated and hardworking association dentist for a high volume general practice. F/T and P/T positions, Saturday availability required 9 a.m.-2 p.m. Option for future partnership. Please email resumes to rockawaydentalgroup@gmail.com

**Rockaway Dental Group**, [Far Rockaway, Queens 11691 is looking for a motivated and hardworking Board certified oral surgeon for a high volume general practice for 1 day a week, M-F. Please email resumes to rockawaydentalgroup@gmail.com

**Chinatown Dental Office** for sale or rent 541 sq. ft. Very reasonable price. Please call Dr. Chan at 718-353-3301.

**Interested in the purchase of a Forest Hills** FFS general practice from a dentist thinking of retiring. Would welcome the retiring dentist to stay on for a year or so. Contact Office Manager Louise at (718) 268-8989.

**Dental Office for Sale:** Busy, well established for 15 years, on main floor, 2 operatories, great location, near transportations, 3 schools nearby, great walk-in practice. Call (917) 670-1437.

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